

The Bethel Citizen

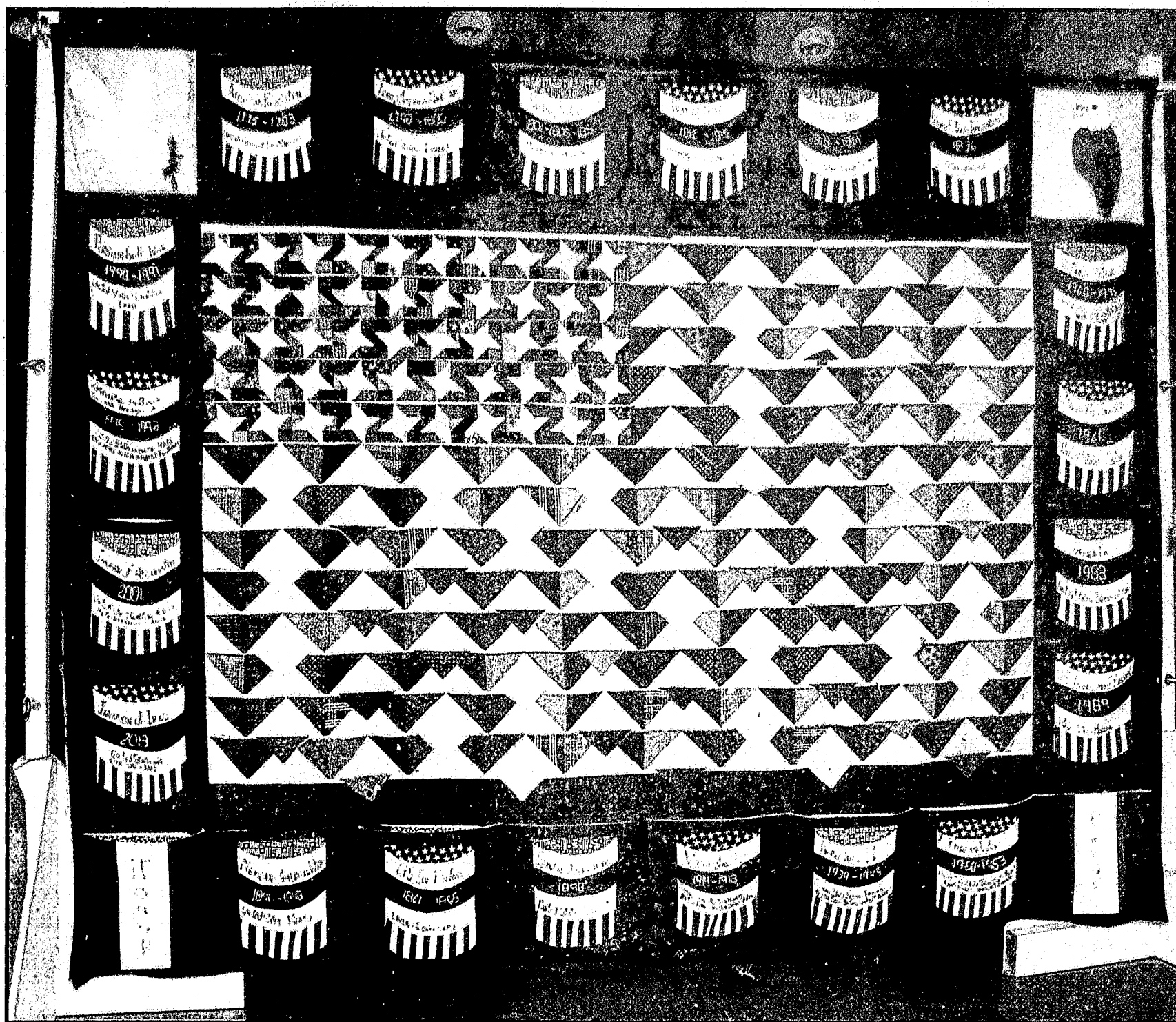
Vol. CXIX - No. 45

Thursday, November 6, 2014

75¢ a Copy

Serving Bethel and neighboring communities in the mountains of western Maine

'Honor the Brave'



'Honor the Brave' quilt to be showcased

BY ALISON ALOISIO

An unusual handmade quilt in an American flag design will go on display Nov. 11 at the Maine Veterans' Home in South Paris.

Crafted by Donna Sheerin Gillis of Bethel, the

quilt features 169 pockets in which anyone may place cards with messages and stories about service veterans.

Gillis, owner of Pat's Pizzeria in Bethel, said the idea for the project was born in July "when a customer mentioned that a friend

of hers was in the service and would like to leave his story somewhere. This flag is the end result of that small conversation."

The entire surface of the flag is comprised of lined pockets that can hold 3x5 index cards. Surround-

ing the flag itself are more pockets, representing the wars and interventions in which the United States military has served. The larger pockets hold composition books for people to write longer stories if they wish.

There is also a hidden

message in the quilt that reads: "To all the men and women who have served and are serving this great country. For bearing the scars of war, you are all heroes."

Gillis said the quilt will

See Honor, Page 2

Newry: Is your 911 address showing?

BY ALISON ALOISIO

Is your 911 address visible?

Newry officials are pondering how to pose that question to property owners, after Fire Chief Bruce Pierce said firefighters on emergency responses have been having trouble locating residences.

At Monday's selectmen's meeting, he said on a recent call for a carbon monoxide alarm going off in the Viking Village area at Sunday River, he had to drive around with his truck window open listen-

ing for the alarm in order to find it. "There was nothing up there that was numbered," he said. "It makes our job a whole lot more difficult."

Pierce noted that the town tax bills include a reminder about placing the street number on houses. But, he acknowledged, he himself does not always read everything with the bill, and he wondered if there was a better way to get the word out.

The 911 ordinance has been in effect for 19 years, Code Enforcement Officer Dave Bonney said. He said

town ordinance theoretically allows for a fine to enforce it.

The ordinance requires the street number be posted on the building, or if it sits back far enough from the road, next to the road

or on the mailbox.

Pierce said most "newer construction" displays numbers, but many older residences do not. He also said that 98 percent of the offenders are vacation homes.

Town Administrator Loretta Powers said many of those homes are rented, and the renters should be able to easily find the number if they need to call 911.

See Newry, Page 2



HEADED INTO A NEW SEASON-Sunday River Resort opened for skiing this week. After turning on the snowguns Saturday night, the resort started up the Locke Mountain Triple chairlift Monday for access to its T2 trail.

Sunday River Resort

Election

2014: Area follows state trend

BY ALISON ALOISIO

Bethel area towns largely followed the trend of much of the rest of rural Maine in voting Republican in statewide races in Tuesday's election.

Republicans Gov. Paul LePage and Sen. Susan Collins were returned to office and Republican Bruce Poliquin was projected to defeat Democrat Emily Cain for the Congressional District 2 seat.

Albany, Andover, Woodstock, Greenwood, Hanover and Gilead all went for LePage, Collins and Poliquin. Bethel/Mason Township, Greenwood and Gilead voted for LePage, Collins and Cain. Newry picked the first two and tied between Cain and Poliquin.

In Maine House District 117, Republican Fran Head held a narrow lead over Callie Pecunies at press time.

See Election, Page 2

Ski club's 'Give a Kid a Lift' seeks aid

BY ALISON ALOISIO

The Mt. Abram Ski Club is taking its support of local young skiers to a new level with the launch of its 'Give a Kid a Lift' program.

The club is not the traditional member activity-oriented organization, according to member Laurie Fitch. Rather, it is a more of a foundation, with a 15-member volunteer board of directors. The club is an independent, non-profit 501(c)(3) organization, with a mission to support snowsports education for the youth of western Maine.

Established in 2007, the group has provided scholarships for kids in race or ski school programs, supported local athletes for local and national competitions, and funded grants for schools planning trips to the Greenwood ski area.

This year, however, the club aims to raise \$20,000 to reach 400 kids in the region to give them a day on

See Ski, Page 2

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Letters

FOOTBALL THANKS

To the Editor:

On behalf of the Telstar Rebel football players and their parents, we would like to send a huge "Thank You" out to the following businesses that very generously contributed towards the purchase of our varsity jackets: Chapman Scrap Metal & Demolition, D.A. Wilson, Rapid Ralph & Son Concrete, Mallard Mart, Top Notch Tree Service, Connell Masonry, Pine Tree Paving, Cross Excavation, Phil Smith, Carver Woodworking, Poksun Emporium, C.B. Kenworth, Coopers Farm, Black Diamond Steak House, R.J. Chipping Enterprise, Crazy Sisters, Jackson Silver Auxiliary, Hancock Lumber, Bethel Bait & Tackle, Crossroads, Local Hub and an anonymous donation from a past 1973 and 1974 Telstar State Football Champion.

Thank You for your support and generosity.

Telstar Football Players and Parents

THANKS FROM THE RAMBLERS

To The Editor:

The Shadagee Ramblers thank everyone for their support for the Halloween fundraiser for the Locke's Mills "Old" Town Hall Repair Fund. We appreciate all the folks who came out to the dance and the local merchants who helped with donations and gift prizes: The Swain Family Farm, Don Chase, Denise Swan, Owen Brown, Sondra Withey, Mt. Abram Ski Area, Maine Line Products, The Local Hub, Julie Daye - Pine Needle Basket, Janet Willie - The Art Barn, The Root Cellar and Maine Street Realty. All proceeds went to the Locke's Mills "Old" Town Hall Repair Fund.

*The Shadagee Ramblers
Butch Fuller, Gail Scott, Roddy Royer, Arne Schussler and Valerie Cole*

Honor

Continued from page 1



Donna Gillis shows one of the larger pockets on her 'Honor the Brave' quilt.

become a 'traveling flag' when she and her husband, John, retire. But in the shorter term, "It will start its journey Nov. 11 at the Veterans' Home in South Paris," said Gillis. The next day it will move to Pat's Pizza, "for all to see, and to leave a story amongst the pockets," she said.

The first index card placed is for Gillis' father, Army Sgt. Robert J. Sheerin, who served in World War II in the 535th Air Engineering Squadron, 72nd Air Service Group.

(The quilt, shown above on Monday, was scheduled to have a border put on it Wednesday by the Pine Tree Quilters Guild of Bethel, Gillis said.)

Ski

Continued from page 1

the slopes.

"We want kids to be able to play in their own backyards," said Fitch.

Much of the club's traditional fundraising has come from an annual auction and golf tournament. The new effort is reaching out to the broader community through a crowd-funding website, Facebook, e-mails and flyers.

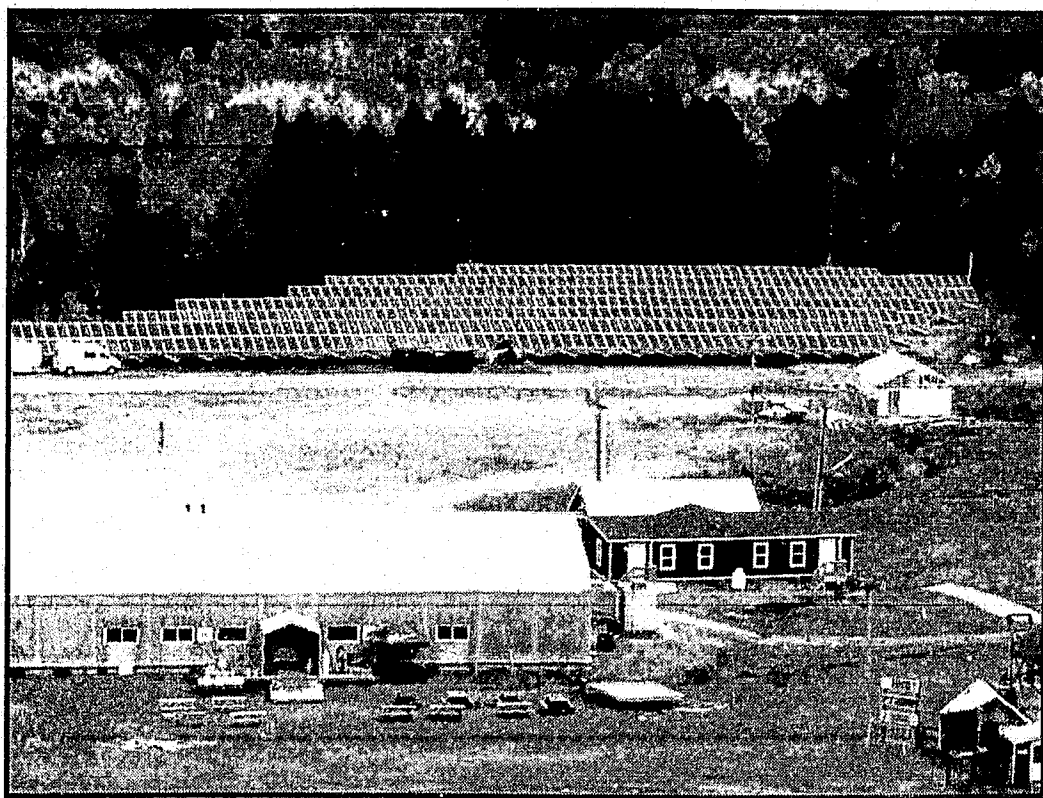
Since starting in early October, the club has raised about \$7,000, Fitch said, thanks in large part to a couple of corporate donors.

Now they hope others will join in. A day of skiing/riding costs \$50 per youngster.

For more information or to donate online go to www.ra-zoo.com/story/Give-A-Kid-A-Lift.

In addition, applications for the club's traditional scholarship program are now being accepted. Anyone interested in the scholarship program should apply by Dec. 1.

Mt. Abram to dedicate solar project



Mt. Abram's solar project.

The commissioning of a 244,915 Kw, 803 panel, photovoltaic solar project at Mt. Abram will take place Dec. 4, according to a press release. The recently completed project is expected to produce in excess of 280,000 kWh annually, while additionally offsetting approximately 70 percent of the ski area's annual electricity consumption. The project, five years in the planning, was in

part made possible by a USDA Rural Development matching grant of up to \$235,000 through the Rural Energy for America Program (REAP).

"Commitments to on site, renewable initiatives insulate the ski area from escalating energy costs. Over two thirds of our electricity requirements become indefinitely fixed," said Mt. Abram co-owner Matt Hancock.

The public is invited to join the celebration of the completion of the solar array project on Dec. 4, beginning at 11 a.m. The commissioning ceremony will be held in the base area parking lot overlooking the new solar array. Following the ceremony, all are invited into the Main Lodge for lunch, refreshments, and a view of our SolGen monitor display.

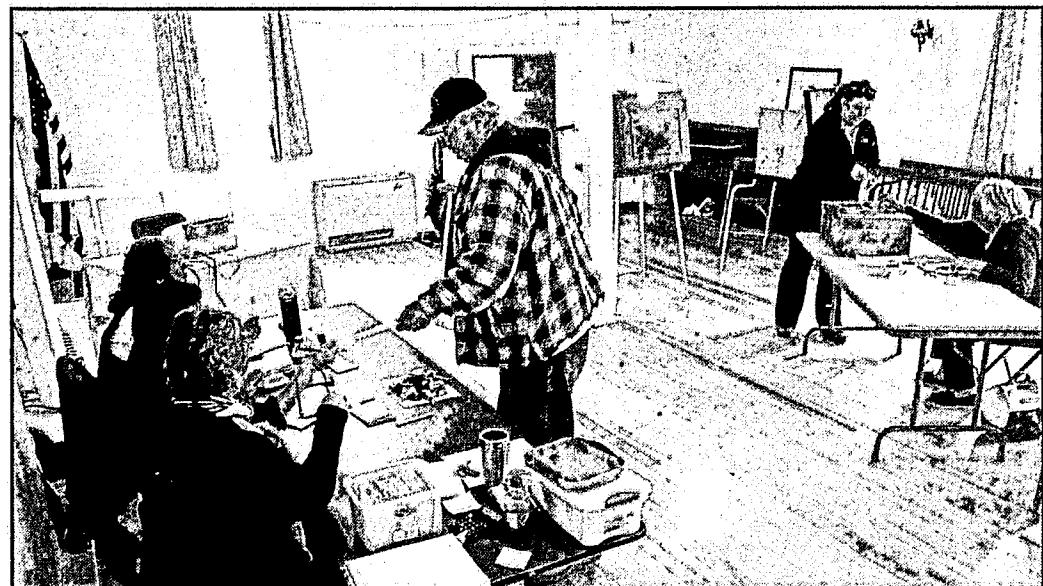
Mt. Abram

Election

Continued from page 1



Bethel



Albany

Head won in most area towns in the district, while Pecunies won Bethel and her home township of Albany.

In House District 115, Woodstock voted for Republican Terrence McGee over Democrat Matt Peterson, but Peterson won by a sizeable margin.

State Sen. John Patrick, a Democrat, led overall on Republican opponent Joe Martin. Woodstock, Andover, Newry and Hanover went for Martin.

In county elections, Democratic Sheriff Wayne Gallant defeated Republican Mike Parshall and won locally as well. Treasurer Democrat Roy Gedat won most local towns and had a slim lead over Republican Mark Vanderwood overall.

Locally among the seven referendum questions, the bear baiting question was defeated, as was Question 5 (a bond issue on Biotechnology Jobs and Training) in most towns. Bethel and Newry went for Question 5.

The other bond issues generally passed locally, as they did statewide. In Bethel, Town Clerk



Waterford

Christen Mason said the overall turnout there was similar to the last gubernatorial election in 2010 - 1345 voters then, 1888 this year. However, this year's figure included a sizeable number of voters who registered on Tuesday, she said.

For vote tallies go to www.sunjournal.com.

Newry

Continued from page 1

The officials discussed other ways of letting people know, including setting up a booth at Sunday River during fall events to promote it to posting colorful notices on houses that do not have numbers.

Powers said other fire departments do a fundraiser in which they sell the numbers and post them on houses.

The officials decided to give further thought to their options.

Our Back Pages

BY DANNA BROWN NICKERSON

10 years ago: The Telstar High School field hockey team won the Class C State Championship.

High winds in the area knocked down the oldest hangar at the Bethel Airport as well as trees on Route 5 and the Grover Hill Road, and power poles on Route 26 and Intervale Road.

Deaths: George Bachelder, Robert E. Hayes, Sr., Alzena L. Sargent, Dorothy M. Waisanen.

20 years ago: Nina Wheeler and Sandy Pond had leased the Only Place from Gloria Lewis and Lauretta Varo, and were making plans to add a recreation center to it.

Rehearsals were underway for the Telstar Drama Club's presentation "A Bad Year for Tomatoes," a three-act comedy.

Births: Ryan Paul Kailley, Raymond Michael Harrington, Rachael Morgen Wheeler, Tristan Christopher Szente, Hunter John Chase.

Deaths: Edward A. Cox, Margaret R. Vogt.

30 years ago: Bethel Selectmen appointed Dewey Thayer as interim town manager until a new town manager is selected.

Celia Gorman made it an even 50 years as ballot clerk in Bethel when she participated in the administration of the Nov. 6 general election.

Births: Tressa Janet Wendall, Melanie Lea Newell.

Deaths: Mrs. Eileen B.D. Cahill, Kenneth G. Lovejoy.

40 years ago: Alan Chapman placed first in the chain-sawing event at the Northeastern United States Lumberjack Championships in Schenectady, N.Y.

The Harlem Diplomats comedy basketball game appeared at Telstar High School, opposing a team of composed of faculty members.

Deaths: Clayton H. York, Mrs. Lillie M. Hemingway.

50 years ago: The Gould Academy Huskies defeated the Farmington High Greyhounds 18-0 in a Mountain Valley Football Conference game.

The Bethel Players were finalizing plans for a cabaret-style costume harvest ball to be held in Bingham gym.

Deaths: Eugene C. Norton, Mrs. Vinnie Silver, Irving Blowers, Ernest C. Luxton, Hersy Saunders.

60 years ago: All parents and friends were invited to visit school in observance of National Education Week.

Dr. John Trinward and family moved into Norris Brown's house on Clark Street.

Birth: Terri Marlene Truitt.

70 years ago: The Citizen started publication of a special edition to go to those serving in the armed forces overseas.

There was a 14-inch snowfall in Upton.

The Honor Roll was dedicated Armistice Day.

80 years ago: The Walter Vail buildings in Grafton were destroyed by fire.

Memorial services for the late Judge Henry H. Hastings were held at Superior Court session.

Death: Alonzo F. Chapman.

90 years ago: Miss Gladys Page, graduate of the University of New Hampshire was appointed home demonstration agent for Oxford County.

Roy C. Blake was seriously injured in a tractor accident in Skillingston.

Deaths: Mrs. Mary McNabb.

The Bethel Citizen

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Briefly

Veterans' Day observance

GREENWOOD-Jackson Silver Legion Post 68 in Locke's Mills will hold a Veterans' Day Observance Nov. 11 at 10:30 a.m. The program includes: Colors and prayer; Welcoming remarks; a history on Veterans Day; Veterans Day speech by Commander; Ringing of bell at 11 a.m.; Flag disposal program; Closing; Music selections by the Mahoosuc Community Band; Refreshments and fellowship to follow.

Upton assessment settled

UPTON-A three-year dispute over Upton's assessment of the former Upton Grange Hall building was recently settled. In a 2011 town-wide revaluation, Dean Merchant's building, which he uses seasonally, was valued initially at \$61,715. The previous value had been \$32,637. The 1,564-square-foot building, located on Route 26, is on a lot that was listed by the town as a half acre, though Merchant claimed it was closer to a quarter acre. Merchant said the structure is uninsulated and that he has gotten his water out of a nearby brook. He appealed the assessment to selectmen, who denied it, and over the past three years it has also gone to the Oxford County Board of Assessment Review (OXBAR) and Superior Court, where it was denied or dismissed. During that time period the assessment was reduced to \$58,557, but Merchant was not satisfied. Late this summer, the town dropped the assessment to \$36,009. Merchant has since floated the idea of the town purchasing the building for \$38,000 (the valuation plus his legal costs, he said) to use for Town Meetings. Selectboard Chairman Bob Pepler, however, said last week there are no plans to consider the idea.

Scope of sex offender notification may vary

BY ALISON ALOISIO

When a sex offender moves into a town in Oxford County, it is the responsibility of the Sheriff's Office detectives to decide the level of local notification that is needed.

"There are a lot of factors involved," said Capt. Christopher Wainwright recently. "It's decided on a case-by-case basis."

An offender moving to an area for the first time, for example, would likely prompt wider notification of people than one who is just moving across town, he said.

Other factors include the age of the offender's victim, the type of crime and how long ago the offense took place.

When warranted, said Wainwright, neighbors on either side of the offender's new residence will be told,

either in person or by a flyer left at their home.

Local schools and the town office may also be notified and a poster put up, he said.

The frequency of offenders moving in can vary widely, and with the season. Spring and fall are the most common times that people in general move, said Wainwright.

He said two or three notifications a month may take place, then the SO goes two months with none.

Currently, the SO monitors about 160 sex offenders county wide, he said.

Wainwright said if anyone has questions about the process or about a particular offender to call the SO at 207-743-9554 or 1-800-733-1421.

The state's Sex Offender Registry can be viewed at <http://sor.informe.org/cgi-bin/sor/index.pl>

BY AMY CHAPMAN

What is Polarity therapy? Like many traditional methods of healing, it is based on the premise that we all have energy flowing through our bodies that can be channeled to facilitate physical, emotional, and spiritual healing.

To the Chinese, the life force energy is called "chi." In Japan, it's "ki." The word in Greek is "bios," and in Sanskrit, "prana." Hebrew and Native American healers, and practitioners of traditional medicine in nearly every culture around the world, have recognized and employed therapies that channel this inner flow of energy.

Emily Ecker of Woodstock, a longtime practitioner of Polarity therapy, compares it to electricity flowing through wires—although we can't see it, we know it's there.

An interruption in the flow of energy can be manifested in many ways, she said. Symptoms may be physical, emotional, or spiritual, and may include pain, illness, anxiety, depression, or the loss of a feeling of connection or sense of purpose.

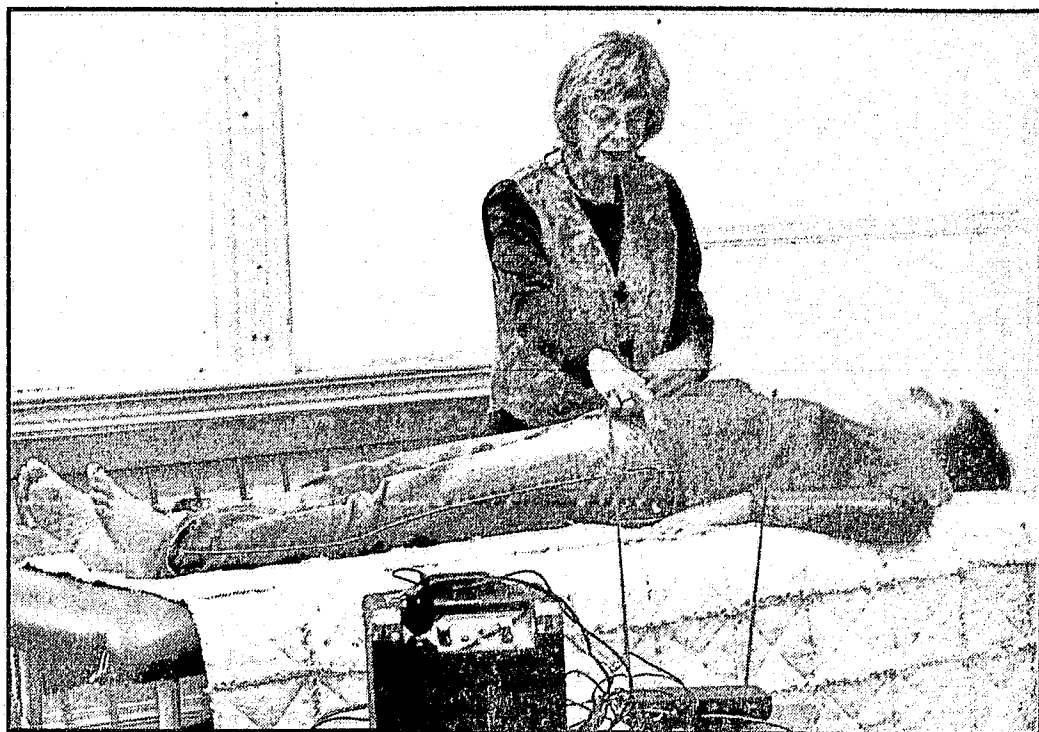
Polarity therapy was developed by Dr. Randolph Stone, a Chicago physician, beginning in the 1940s. Licensed in chiropractic, osteopathy, and naturopathy, Stone traveled widely to study the use of traditional medicine in eastern cultures.

He wrote extensively about what he learned, and brought the principles of energy medicine back to his patients, blending eastern and western medical practices.

Ecker discovered Polarity therapy through a session with a practitioner in Kingfield in the early 1990s.

"I was searching for a form of bodywork that had to do with energy flow," she said. "It brought me into such a sense of awareness of my body. I immediately started to feel the life force as a tingling and warmth radiating through me, and

a very deep relaxation."



Polarity therapist Emily Ecker of Woodstock and participant Donna Coe of Bethel provide a demonstration at a recent informational session at the West Parish Congregational Church, part of Western Maine Senior College's "Down Home Maine" series.

R. Tiff

Energized by her discovery, in 1991 Ecker enrolled in a year-long training course at the Polarity Realization Institute in Portland (now Spa Tech Institute).

At the time, she was working as a career counselor at the University of Maine at Farmington, and she began offering Polarity therapy sessions at Janet Willie's massage practice in Bethel during the summer months.

After three summers, she became a full-time practitioner, working in Lewiston and Bethel for several years, before returning to the human services field as her daughter approached college age.

In 2004, Ecker obtained an MSW from the University of New England and worked at a Lewiston nursing home before becoming an oncology social worker at the Patrick Dempsey Center for Cancer Hope and Healing.

Now retired from that position, she has returned to Polarity therapy, once again working from an office at Willie's practice, Therapeutic Massage at 18 High Street in Bethel.

"I'm glad to be bringing this practice back into my life," she said.

Ecker prefers to call the practice of energy therapy—as well as other traditions like acupuncture, Chinese herbal medicine, and reflexology—"complementary," rather than "alternative" medicine.

Instead of replacing regular doctor's visits, she believes that these therapies, which are based on traditional healing methods and do not rely on the use of drugs, can be an effective and appropriate complement to current mainstream medical practices.

"I do not diagnose clients, and I encourage them to seek medical advice," she said, adding that she often works with cancer patients, who benefit from relaxation and increased energy as they go through chemotherapy or radiation treatments.

She said it's also important to note that while Polarity therapy can help people cope with illness or pain, and is especially helpful at transitional times, such as following a loss, one of its most beneficial uses is as a part of a regular wellness protocol.

"Polarity therapy supports a person, wherever he or she is," she said. "It is equally helpful for healthy people, to help them stay healthy and avoid chronic conditions."

A session usually lasts from one to one and a half hours, and begins with an opportunity for the client to discuss any physical, emotional, or spiritual issues with the therapist.

The actual bodywork, which includes breathing work, body postures, and gentle manipulations, is done on a table, with clients remaining fully clothed. (Ecker recommends loose-fitting, comfortable clothing.)

"At the end of a session, clients usually feel a marked degree of relaxation, often coupled with a sense of renewed energy," she said.

While a single session is beneficial, the therapy is usually given in a series of three or more sessions, during which client and therapist work in partnership, helping the client to tap into his or her own inner healing resources.

A self-described lifelong "nature geek," Ecker said that although she grew up in a suburb of Boston, she was fortunate to have a town forest as her backyard.

She studied environmental science and environmental education at Antioch College and met her husband, Marcel Polak, at an environmental education center.

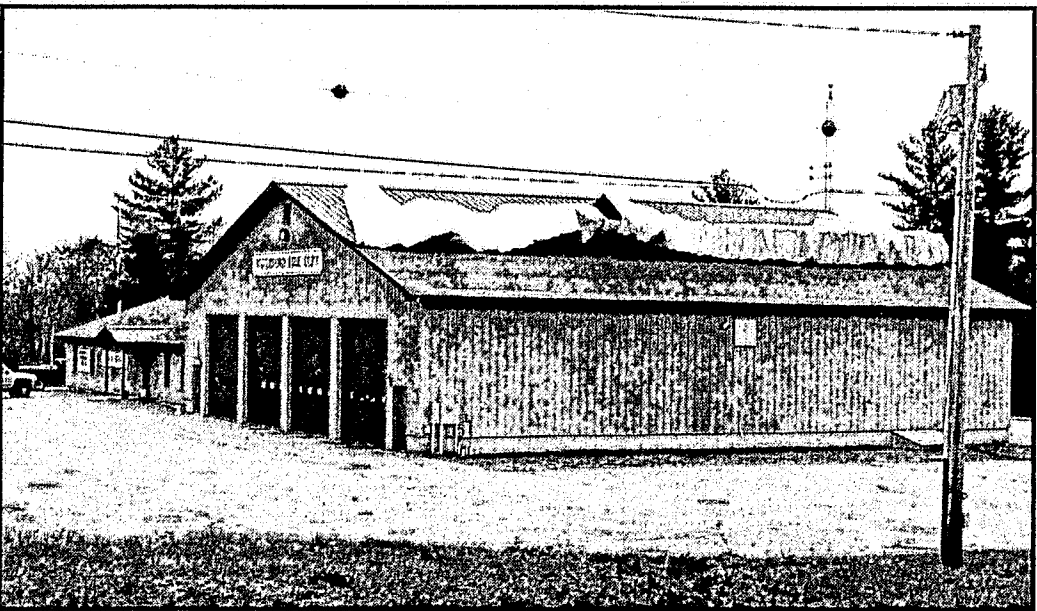
After spending a summer on the coast, working for Maine Audubon, they decided to make Maine their home. They bought land and built a house in Woodstock, where they have been part of the community for more than 35 years.

To introduce local residents to Polarity therapy, Ecker recently offered an informational session in the Western Mountains Senior College's "Down Home Maine" series.

Participants learned about the origins and uses of energy medicine and, through hands-on demonstrations, Ecker taught them to use Polarity therapy's Star Pathway on their own for relaxation, balance, and a greater sense of well-being.

"I'm excited about supporting our local community and hoping to attract local people to my practice," she said.

Contact Ecker for more information or an appointment, by phone at 357-9954 or by email at eecker@gmail.com.



ROLLED BY MOTHER NATURE-The high winds Sunday evening peeled back the metal portion of the roof of the Waterford Fire Station like a sardine can.

A. Aloisio

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OCSD Patrol Log

Thursday, Oct. 30

At 2:14 p.m. Sgt. Matt Noyes responded to the West Bethel Road in Bethel for a report of a horse in the road.

Friday, Oct. 31

At 8:46 a.m. Deputy Andy Whitney took a report of a camp burglary on the Walkers Mills Road in Bethel. The incident was under investigation.

At 12:07 p.m. Deputy Andy Whitney received a report of a bail violation on Grover Hill Road in Bethel. It was determined there was no violation, but the subject was arrested by Lt. Tom Harriman on a warrant.

At 3:19 p.m. Lt. Tom Harriman arrested a subject on the Grover Hill Road for two active warrants/domestic violence.

At 8:54 a.m. Deputy Andy Whitney took a report of possible shots fired into an unoccupied home on the Walkers Mills Road in Bethel. The incident was under investigation.

Saturday, Nov. 1

At 8:10 a.m. Deputy Josh Wyman investigated an automobile theft on Richardson Hollow Road in Greenwood. The suspect had already been arrested by the Oxford Police Department.

At 9:24 a.m. Deputy Andy Whitney took a report of an inspection sticker stolen on Mayville Road in Bethel sometime within the last week.

Monday, Nov. 3

At 1:09 a.m. a report was received of a tree in the road on Intervale Road in Bethel. The Fire Department responded and the tree was removed.

At 1:20 p.m. a caller reported feeling intimidated by a person waving from across the street on Mayville Road in Bethel and wanted the subject arrested for violating a protection order. Deputy Dave Hodgson was assigned.

OCSD Jail Log

Oct. 28, 6:11 p.m.: Justin N. Waltman, 25, of Woodstock, failure to appear; by Officer John Russell in Woodstock.

Oct. 28, 7:55 p.m.: Hilary M. Taylor, 23, of Bryant Pond, failure to pay fines; by Officer John Russell in Greenwood.

Oct. 31, 3:30 p.m.: Michael R. Piawlock, 60, of West Bethel; violation of bail conditions, by Lt. Tom Harriman in Bethel.

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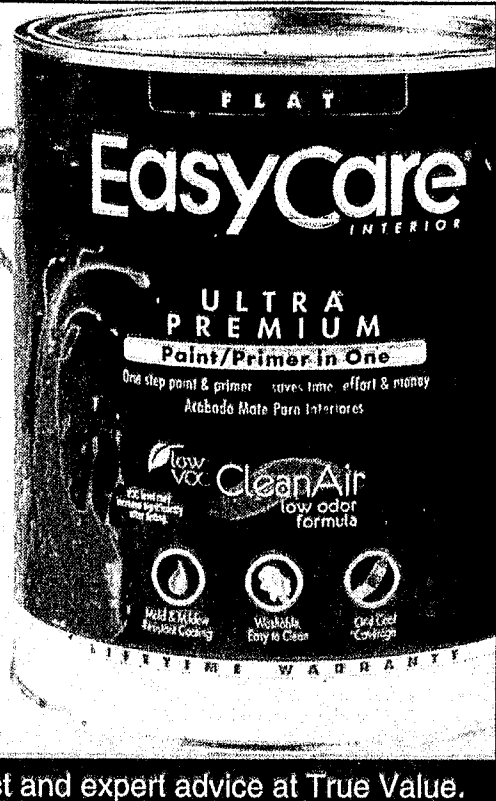
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Town News

Bethel

By Donald G. Bennett



Around Town At the Brew Pub
For the last few weeks, the Sunday

River Brewing Company a.k.a. the Brew Pub has been closed for renovations. Last Wednesday Ron Savage showed me around the work areas being renovated. The job's main focus is a complete overhaul of the food service areas. This will include floors, ceilings and walls as well as a thorough steam cleaning of all the cabinets and kitchen equipment.

The reopening should come in six weeks and be open seven days a week. Rick Savage will be the restaurant's chef; his son will be chef at the Black Diamond which will be open evenings for dinner.

I believe the Brew Pub opened in late 1993 and early 1994. Bethel Planning Board approved the restaurant/tavern project in July 1992 with an expansion plan approved in 1993. It was the only operating brewery in Bethel. Brewery tanks and equipment will remain.

New Condos on Sunday River Road

Off the Sunday River Road in Newry Savage Contracting is well along on a new condo building that will be five three bedroom units. According to the Mahosuc Realty sign, future owners will have river access. The project is located just past the Sunday River School; walking to Sunday River from the condos is only a little over a tenth of a mile.

Chadbourne Tree Farms - Gateway Park

A section of the Chadbourne Tree Farm opposite the Parkway/Walkers Mills Road intersection has been undergoing a general thinning and cleanup. As luck would have it when I stopped there last week, Bob Chadbourne drove in and told me how they planned on

giving the "forest" there a park like appearance. Last week work entailed cleaning out old stumps and dead branches so that the area could be mowed with regular lawn mowing equipment. In the last two weeks, thinning and scrubbing have already given the grove a park like look.

We also talked about Bethel's "gateway" appearance in the late '30s and early '40s when an old barn stood just on the far side of Alder River. In those years a large billboard on the barn's wall seen by approaching drivers alternately advertised Schenley's Whiskey or Lucky Strike Cigarettes as I remember seeing it. Bob said that he recalled hearing that the barn had once been a slaughter house. Until the 1930s Route 26 entered the village area via Sunset Road.

New House in Birch Wood

A large new home facing the mountains to the west has seen its second stage of work going on this week. Hoping to get the roof finished to enable inside winter work, the men on the job also have a new foundation waiting for them to work on in the Peaks area at Mt. Will.

Gould Renovations

A brief look at what will be next spring's work at Hanscom Hall saw some beautiful granite blocks in place for the new patio style entrance into the ground level class and innovation rooms. It more than rivals the main entrance in classical appearance.

Halloween Parade

Nurturing Vines children, parents and teachers took their charges on a Halloween costume parade to Mayville Junction and Sport Thoma where Store Manager Leigh Breidenbach had treats for all and no tricks. The kids parading through the field reminded me of the Pied Piper story. One little boy was dressed as a skunk and I guess his younger brother, also in a skunk



AREA UU CHURCHES GATHERThe First Universalist Church of West Paris hosted a potluck supper for area Unitarian Universalist churches. Members from Norway, Paris, and Sumner/Hartford churches joined together Oct. 17 for supper and fellowship, and sang old time songs with the accompanying music of the impromptu UU Uke Band. Pictured are: Milt Inman on spoons, Vance Bacon on tambourine, Joan Beal and Pam Burke on ukuleles, Fayre Stephenson and Janet Willie on harmonicas and in back is band leader, Jim Burke, on ukulele. For more about the Unitarian Universalist Association of Congregations visit <http://www.uua.org/> Submitted photo

suit, was being carried by his mother.

Planned SUNRI Ski Fashion Show

Nov. 28 at the Bethel Inn there will be a ski fashion show to support establishing a Bethel Satellite Museum of the Ski Museum of Maine. The event will take place from 4:40 to 6:30 in the main dining room. Tickets for the event will be on sale at Sport Thoma in Mayville and at the Bethel Inn.

Bethel 35 Years Ago Reporting on Maine Legislature's Activities

In 1979 Karen Brown was our Representative; she was unique in my memory of keeping Bethel voters up to date by sending weekly news to the Citizen. For example in the Jan. 18, 1979 Citizen she reported that the 109th Legislature was off to a slow start. But they had voted to reduce the number of legislative committees from 22 to 19; those abolished were the Liquor Control Committee and the Human Resources Committee. Energy and Natural Resources Committees were combined; Performance and Audit were renamed Audit and Program Review. Wouldn't you like to get this information today?

Real Estate Prices

In March 1979 the "Old Manse" of the Congrega-

tional Church was offered for sale for \$22,000 by Robert Crane Associates. This home, one of the largest in the Broad Street/Bethel Common area was built in 1902. When Rev. Charles Pendleton was the minister, the church's youth groups met there regularly. The advertisement listed its features as five bedrooms and bath on the second floor; on the first floor, a fire placed living room, den, dining room and butler pantry, large kitchen, screened porch and oil heat. Today the Bethel Tax Commitment Book lists the house value at \$206,900.

In 1961 John Harris's will had left his home on Broad Street to the church for use as a parsonage. The old manse was sold.

According to one source, the Church of Scotland had dictated that once a dwelling occupied by a minister and used for church purposes no longer was used for such, it could no longer be called a "Manse" thus it should be renamed to something like "Old Manse" or such.

The First Year of American Legion

Post 81 - Part Two

Memorial Day ceremonies for 1920 included Veterans, Spanish War; Veterans, Geo. A. Mundt Post American Legion; Wom-

The Way I See It

BY SHARON BOUCHARD



By the time you read this the 2014 election will be over and I for one will be quite grateful that it is.

Don't get me wrong, I firmly believe in the democratic process and feel that it is my personal responsibility to vote in any election. People who don't exercise that right and responsibility shouldn't complain when they don't like the outcome of any election.

So, I think being able to vote for the candidate of your choice or a referendum issue that is important and the basis that makes America great. It's not the election, but the darn process of politics leading up to the election that annoys me.

The television, radio and newspaper ads seem to be at an all-time high this year. I know that's great revenue for the media outlets because political ads have to be paid for right up front, but being bombarded night and day with the ads gets a bit tedious.

There will be a television ad for candidate A talking about everything that is wrong about Candidate B. That will immediately be followed with an ad by Candidate B expounding on everything that is wrong with Candidate A. Both will allude to the fact that the other one is either outright lying or not telling the whole truth.

I think that is a tremendous waste of money. They just cancel each other out and I doubt that most voters are swayed by such advertising. I know that I'm certainly not.

When the candidates are not knocking their opponents they are boasting about every-

thing good they are going to do if elected.

They make it sound like they alone can create jobs, make life easier for senior citizens, lower taxes and at the same time improve education and the infrastructure. I might be wrong about this, but I'm pretty sure it takes a majority vote to pass any legislation and one person can't speak for the majority. The politician should say

if all the money that politicians can raise for their campaigns were put to use for the good of man and womankind rather than advertising what a wonderful world it would be.

they will try to improve or implement whatever, because that is really all they can do.

Then there were the political robo-calls night and day. I can't remember past years of getting the number of recorded calls that I got this year. It reached the point that I didn't answer my telephone and let the calls go to voicemail. I really hate robo-calls.

If a candidate called me in person I would have been happy to talk to them and give them my opinions on the various issues. Maybe that's why robo-calls work for them; no opinions to confuse them.

The political signs got pretty tiresome too. The darn things popped up everywhere. I saw one triangle intersection where there were 15 of the darn signs. Maine is a beautiful state, but

during the political season the landscape is not too pretty with all these signs.

If you think about it all the money that politicians can raise for their campaigns were put to use for the good of man and womankind rather than advertising what a wonderful world it would be.

If I heard on the news that a candidate raised a fantastic sum of money and turned it all over to the state designated for something like education, I would vote for them in a heartbeat no matter what party they represented.

Now expand that concept to every politician across the country and you have to be talking about billions of dollars. Think of all the good that could do!

I know that's very naive and even if someone wanted to donate their campaign war chest full of money to a good cause it's probably against the law. It's still a nice thought though.

It does, however, stress the point of the vast amounts of money that goes into annoying advertisement, signs and robo-calls.

Fortunately the election is now over and I hope that those elected politicians really will do the best that they can to make things better.

The advertisements are gone and pretty soon the signs will be gone too. Now, the way I see it I can go back to answering my telephone, which will probably be robo-calls for credit cards and life insurance. I really do hate those robo-calls, but they are really easy to hang up on!

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en's Relief Corps; Sons of Veterans and Boy Scouts will meet at the I.O.O.F. Hall and march to the Soldier's Monument for the accustomed exercises. Pupils will form at "The Brick" (Bethel Grammar School) and join the respective orders at the Monument. Morning activities were visiting/decorating veteran graves and in the afternoon all gathered at Odeon Hall for speeches. This order was issued by the Post Commander of Brown Post, Grand Army of the Republic.

Armistice Day apparently was not observed in Bethel.

Dec. 30 news read: Since the Post was organized last spring little effort has been made to obtain money for colors and rooms. But now the Legion must raise two hundred dollars for colors. Post 81 would give a New Year's Ball at Odeon Hall on Dec. 31. Arthur N. Pettengill of Lewiston will furnish music. It was hoped that everyone would purchase at least one ticket.

For photos accompanying this week's news, see <http://www.thebethelcitizen.com/News/Bethel11042014.pdf>.

Bethel

By Nancy Brown



Bethel saw its first snow of the season the night of Nov. 1. There wasn't snow on the ground at my house, but the tops of the surrounding mountains were dusted with snow. While we experienced a little snow at higher elevations, some heavy winds, and rain over the weekend, other areas in Maine were slammed with blizzard-like conditions: Hampden had 16 inches of heavy, wet snow; Bangor more than a foot and the mid-coast had heavy snow and power outages.

This year I've had bad luck viewing meteor showers. Usually, this part of the country has great viewing; we are far from the lights and pollution of big cities; and there are many secluded places from which to view meteors and other celestial events. However, full moons and overcast, foggy nights blocked out most of the year's meteor showers and even the eclipse a few weeks ago. There are a few opportunities left to view meteor showers this year. This week and next are the South and North Taurid meteor showers. Both of these meteor showers radiate from Taurus the Bull constellation. Most of the viewing will again be washed out by the full moon, but the South Taurids may still be visible on Nov. 6 (tonight) and the North Taurid's peak on Nov. 12. The Taurids are low volume meteor showers with about 5 to 7 meteors visible per hour. I haven't lost hope of see-

ing them. Even with the bright moon, a few may be visible. The Taurids are known for brilliant fireballs. Meteor showers are produced when the Earth passes through the debris field left by a comet. Most of these debris fields are dust particles. The Taurids are produced by the debris field left by the comet Encke. The debris is not dust, but pebble-sized particles, with the potential of producing brilliant fireballs that move slowly across the sky.

I'm pinning my meteor-viewing hopes on the Leonid meteor showers, which will peak on November 17-18. The best viewing will be after midnight. Although the meteors are visible across the sky, they seem to come from the constellation Leo the Lion. This year, astronomers predict a modest meteor shower, about 15 to 20 meteors per hour. However, on Nov. 17, 1966, there was a meteor storm when thousands of meteors per minute were visible for a 15-minute period. No such phenomenon is predicted this year, but the viewing should be good if the clouds stay away.

If you have news to share, please e-mail me at brownnc1950@gmail.com, or call me at 824-2483.

East Bethel

By Wally Ritz



Brr, it sure turned cold. Many lost power over this last weekend. Is it signs of things to come this winter? I hope not. By the time you read this, the elections will be over. Would like to hear what you think about CPS being closed down so we can vote? Just doesn't quite feel right to me. Looking back, first I had one of my daughters present when I was sworn in as a citizen and over the years had my own kids or grandkids with me when I voted. Guess this is telling me that "they" are winning and we are giving in. Feel free to comment and/or put me in my place for saying this.

Today, Monday Nov. 3, as I am writing this, Paul Hebert is celebrating his Birthday. A big Happy Birthday from the neighborhood, Paul. Bet Lacey made one of her incredible cakes for you.

Halloween evening there was a dance benefit in Greenwood to help raise funds to fix the Town Office. The feedback I got was that the costumes were great, the band, the Shadagee Ramblers, was awesome and let's not forget the great doughnuts. Saw pictures on Facebook and wish I could have been there also.

Now this week it is time for another Trivia question and thus here is my information again; call 507-1008, e-mail heinrich-cracker@gmail.com or



YOU ARE WHAT YOU DRINK-Holly Roberts says she "runs" on Dunkin' Donuts coffee, and on Halloween she proved it. She dressed up as a coffee cup, complete with straw, when she picked up her coffee Friday morning. She made the costume with help from a couple of friends. Roberts posed in front of the drive-thru sign. *A. Aloisio*

stop in and see me at the Inside Shop. Question is: In early Bethel, there was a tailor who settled near the beginning of East Bethel Road and was the ancestor of most people of this certain last name who lived in the eastern part of town. What is his name?

Andover

By Jane C. Rich



The power was out in Andover, at least my corner of it, from 8:30 a.m. Monday until around 4 p.m. Trees fell on the East Andover Road, so I am told, and broke the lines which required a lengthy repair process. Those CMP guys across the state have really had their work cut out for them this week. We never realize how much we depend on electricity and how necessary it is to everything we do until we don't have it.

Mills Market Tagging Station has tagged 30 bears so far this hunting season. On Saturday, opening day of deer season four deer were tagged and one on Monday. Speaking of deer, I made an erroneous report last week. Dick Merrill did not get a moose; it was his granddaughter Taylor who was fortunate enough to get her first moose and then her first deer. Congratulations Taylor!

Plans continue to be made for Christmas in Snow Valley on Dec. 6 which will feature food and crafts in three locations. Those desiring to be in the Fire Station may reserve a table by calling Elaine Morton at 392-1140 for the Town Hall setting get in touch with Paula

Lee at 392-1211 and to be in the CEB call Marsha Burns at 392-1894. Santa will arrive at the Fire Station at 1 p.m.

Food Pantry clients are reminded that Thanksgiving baskets will be distributed on Tuesday, Nov. 18 between 9 and 10 a.m. The pantry will be closed Thanksgiving week so volunteers can get ready for their own family celebrations.

By the time you read this, the election will be history. Lots of us will just be breathing a sigh of relief that we don't have to listen to negative comments about candidates or hear the bear cries. I don't usually use this column for political comment, but the amount of money spent in this election cycle was so over the top that it warrants some. It is a sad state of affairs that we, the people, seem to give our votes to the person with the best name recognition which usually means the best advertised and, therefore, the person who raised and spent the most money. The only escape from this situation is if you are running unopposed and can opt to raise and spend no money. If you were paying attention to the disclosure line at the bottom of the TV ads, you will note that most of them were from out of state organizations or groups backing a specific question, party or position. At the local coffee shop, I head this remark repeatedly - "You can't believe any of it and you don't know what's true." It's a sad state of affairs when the only one who wins is the one with the most money. We always talk about our founding fathers and what they meant when the country

was formed - surely they didn't intend for the man or woman with the most coins to win. What happened to our elected officials truly being our servants? We have the power to change this by knowing our candidates' positions and informing ourselves about them and not being taken in by the advertising and name recognition scheme.

Bryant Pond

By Alice Hoyt



The Woodstock-Greenwood Senior Citizens meet today, Thursday, Nov. 6 at the Locke's Mills Church for a regular meeting at 11:30. Dinner is put on by the Ladies Circle. Program is Joyce Howe speaking to us. New members always welcome.

The Woodstock Historical Society will meet on Saturday, Nov. 8 at 6 p.m. The society is now selling 2015 calendars with pictures of the Centennial on them Woodstock will celebrate its 200th anniversary next year.

Judith Grover Tent 17 DUVCW will meet at the home of Alice Hoyt on Monday, Nov. 10, for a regular meeting and nomination of officers. Please bring your items for Togs to this meeting.

Larry Billings says he has his apartment, A9 at the Bethel House, all decorated for the holidays. He would like to have people stop by to visit if they would like to.

Services at the Baptist Church are Sunday School at 9:15, Morning Worship at 10:30, Evening Service at 6 p.m. Wednesday evening at 6:30 is Mid-Week Service, Bloom for girls 13 to 18 and Foundations for guys 15 and up. Sunday, Nov. 9, veterans will be honored at the morning service. All veterans welcome to attend.

Gilead

By Lin Chapman



November has arrived with a predicted snowstorm. Gilead was spared, but other parts of the state received some snow. While I was writing my column last Sunday afternoon, I was well aware of the how strong the wind was blowing. The goal was to get the column written before we had a power outage.

My brother, Steve McLain, checked in to see how the setup of Election Day was coming along. He is one of the ballot clerks and has to spend the day at the polls. I gave him a quick rundown on how the new voting machine works.

Bob and Judy Bishop stopped by for a short visit

last Saturday. They were headed back home to Yarmouth from the Bar Harbor area. They got home just in time to miss lots of snow in the Bar Harbor area to just a little bit of snow in Yarmouth.

Our grandson, William Chapman, celebrates his 14th birthday today, Nov. 6. Happy Birthday, William!

Craft Fair season is upon us. On Saturday Nov. 8 there will be a Craft Fair at the Shelburne Town Hall in Shelburne, N.H., from 9 a.m. to 2 p.m. Always a good one to go to.

Major Stephen McLain III sent some details about his recent certification: Certified Defense Financial Manager (CDFM). The certification process involves a prescribed level of years of experience along with education. It also requires the passing of three exams over the following topics: Government Resource Management, Budgeting in the Department of Defense, Finance, Accounting procedures (chart of accounts, generally accepted accounting principles, journal entries, etc.), Auditing and Internal Control, Fiscal Law, Acquisition, Manpower and Personnel and Cost and Economic Analysis.

The certification process is managed by the American Society of Military Comptrollers. He did not take the prep course like most people do. He studied on his own. Also, most people take 2 to 3 years to finish the process once begun. He did it in about 4 months.

Stephen is the son of Steve and Lise McLain. Congratulations to Stephen for a great accomplishment.

Got any news? Call 836-2987 or e-mail chapmal@hotmail.com.

Hanover

By Maria Holloway



Volunteer of the Year Congratulations, Bob Susbury, on being selected 2014 "Volunteer of the Year" for the Town of Hanover! Bob was completely and utterly surprised with the announcement at the Annual Town Meeting, held at the Town House last Tuesday. Bob was presented with a plaque and humbly expressed his gratitude to the town, and to all of the voters present that evening, for the honor of this prestigious award.

For many years Bob has worked tirelessly for the Town in a variety of different capacities while also working a full time "real" job. This past year, Bob was a key participant in the construction of the Hanover Picnic Pavilion having dedicated many week-

Excited to be Open in Bethel this Season!
Looking for Energetic Volunteers to help with light trail work. 10 hours work in exchange for a season pass.
email or facebook Cartersxcski@gmail.com • 207-539-4848
Carters XC Ski Centers

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151 MAIN STREET, BETHEL, ME
BISTRO 151 WWW.BISTRO151.COM
Serving Friday & Saturdays from 5-9pm
DINNER FOR 2 appetizer, salad, rolls, entree, dessert and select bottle of wine ~ \$60 + tax and grat
OPEN FOR BREAKFAST 7-10am
Saturdays & Sundays ~ Open to the public
THE SUDS PUB
SERVING PUB FARE & PIZZA
FEATURING DAILY SPECIALS
OPEN DAILY 11:30 AM
Take-Out Available 824-6558
ENTERTAINMENT
THURS. NOV. 6 • 9PM: HOOT NITE
FRI. NOV. 7 • 8PM: JIM MC LAUGHLIN
SAT. NOV. 8 • 8PM: DAN STEVENS
Daily Lunch Specials!
TUESDAY NIGHT
\$5 SMALL PIZZA (DINE IN ONLY)
FEATURING 29 BEERS ON TAP
Largest selection of draught beers in Western Maine
207-824-2174
WWW.THESUDBURYINN.COM

PLEASANT MOUNTAIN PRESBYTERIAN CHURCH
30 NORTH HIGH STREET
BRIDGTON, ME 04009
207-647-9009
SUNDAY WORSHIP 9:30 AM
SUNDAY SCHOOL 11:05 AM
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Call Janice 207-333-7360
284 Mayville Rd/Route 2 • Bethel
at-home-pet-grooming.com

ADOPT *gratitude companionship.*
PET OF THE WEEK:
Meet Tessie
Tessie is approximately 6 years old. Her nickname at the shelter is Ms. Wiggles because she is always so happy to see everyone.
This beautiful lab-mix dog is very obedient. She loves to learn and is always focused on her handler, making her an excellent candidate for obedience training, agility and other canine sports.
Tessie loves people, young and old. She would play fetch all day long if she could. She would be the perfect addition to an active family. She is looking for a family who will spend lots of time with her, taking her on long hikes and swims.
Responsible Pet Care of Oxford Hills is a no-kill, non-profit shelter and adoption center for cats and dogs; and the holding area for stray dogs for 12 towns in Oxford County.
Anyone Interested in adopting a pet from RPC can visit the shelter at 9 Swallow Road in South Paris Tuesday-Sunday 12-4 p.m. Most of the adoptable pets and the adoption application can be found online on the shelter's website at www.rpc.petfinder.com.
For answers to questions about adopting or fostering a pet, or to make an inquiry about a lost animal, call Responsible Pet Care after noon at 743-8679.

Pet of the Week is Proudly Sponsored By
BETHEL ANIMAL HOSPITAL
179 Walkers Mills Road ~ Route 26
Bethel, Maine 04217
(207) 824-2212
bahvets@megalink.net
Bethel Animal Hospital offers laser therapy, acupuncture, and herbal supplements to complement (or replace) traditional drug therapies.

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ends to picking up supplies, measuring and sawing lumber, hammering nails, staining and applying the finishing touches, including the mounting of the dedication plaque just recently. Bob also makes regular improvements and repairs to the Town Office and Library, where you will see him at least a day or two every week! In addition, Bob serves the Town as the water quality monitor for Howard Pond having dedicated 40-plus years to the Maine Volunteer Lake Monitoring Program.

Thank you, Bob, for your dedication and commitment to the Town. The citizens of Hanover appreciate and recognize your thousands of hours of work each year!

Other key votes at the Annual Town Meeting include the re-election of Selectman Frank Morrison for another three-year term and the election of interim Town Clerk, Kelly Harrington to Town Clerk, Tax Collector and Treasurer. There were about a dozen voters present. According to the Bethel Citizen, the voters approved a \$177,832 municipal budget which is down from last year's at \$199,902 but total appropriation will be up about \$50,000 over last year due to increasing costs. The Citizen also reported that Selectman Dick Stratton estimated that the mill rate will likely increase from the current 8.3 to about 9.3 and said that the board's goal is to keep the increase at a mill or less. The Bethel Citizen also reported that no money was approved for capital improvements or road improvements. Due to increasing school budget costs and the fact that Hanover only has 25 school age children, the town will be exploring withdrawal from the school district and other options for education, according to the Citizen. Ellie Andrews will remain office assistant—an appointed position rather than an elected position. The Town Report was handed out at the Annual Meeting and is now available at the Town Office.

The next meeting of the Gardner Roberts Memorial Library Trustees will be held Tuesday, November 11 at 6 p.m. at the Library.

For questions, comments, news, please email



KIDS AND DOGS ON PARADE—The annual Crescent Park Elementary School Halloween Parade took place Friday on Main Street in Bethel. As part of a Halloween Safety Program, members of the Bethel Ambulance Service handed out glow sticks to children to use for nighttime Trick or Treating. Here, David Hanscom gives one to Silvia Saito.

HanoverMENews@gmail.com.

Locke's Mills

By Betsy Foster



Our recycling center is still a work in progress. Town Manager Kim Sparks said the electrician will not be able to begin the wiring work for two weeks. New wiring is required for the two compactors that will sit on the cement pad. An operations house will be erected between the two compactors, and employees will run the compactors from it. Sparks said the changeover to single-stream recycling was delayed until the fall due to Oxford Recycling. We do our recycling through them, and they did not complete their plans and systems until late this summer. Always good to know it was not our local folks who delayed the process. Right now, the hope is for the new system to be ready by early December.

The date for the Greenwood bicentennial celebration has been set for Aug. 12-14, 2016. Don't worry about marking that on your calendars yet. You'll see plenty of news about it in the next nearly-two years.

By the time you read this, the elections will have

come and gone. Some of us will be pleased and others less so. That's the way it will always be.

The late autumn hooded mergansers have shown up on the ponds. There are often a few of them here during the summer, but a large group of them arrives every November. They hang around for a couple weeks and then head south likely only to the coastal waters. These diving birds eat fish, and the males have a large black head with a distinctive white patch on the sides of their heads.

On a somewhat unusual note, I saw a male bluebird last week. As to why he was still hanging around here, I can only imagine. Maybe he missed the memo to fly south.

The snow of last weekend turned out to be pretty much a no-show here. Little dustings on top of the mountains that melted quickly. Night temperatures are making it feel like winter is about to join us. Guess it's time to keep that woodstove going all night. At least that is what the cats tell me.

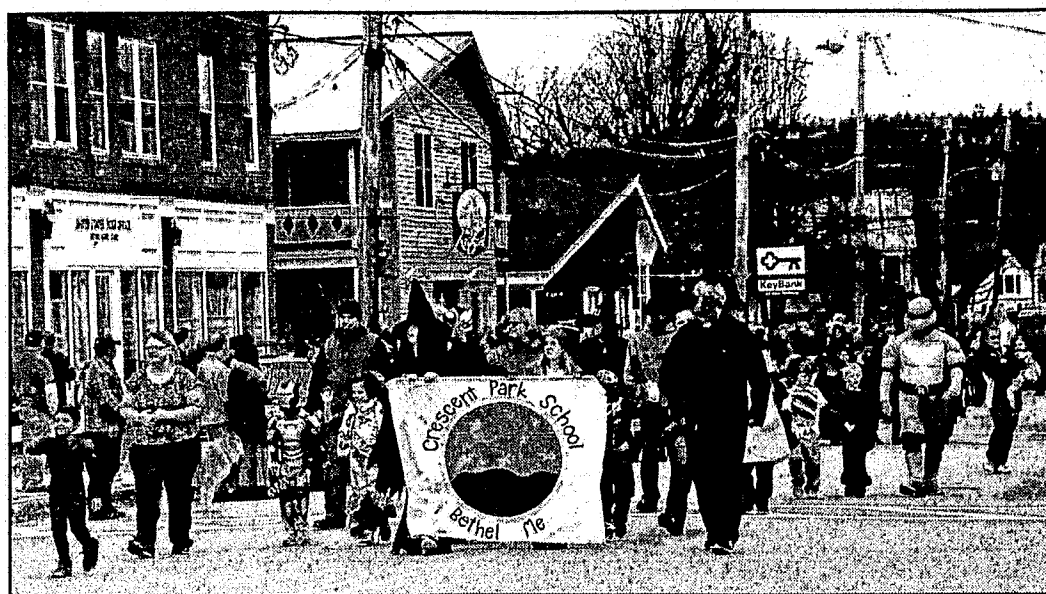
Please send news to Staichi6@gmail.com.

Mason

By Richard Grover



Sunday, Nov. 2 was Ina Grover's 90th birthday! In honor of this occasion her offspring (Rupert Jr., Daniel and Elsie — no longer children) planned a big SURPRISE birthday party to be held at the Locke's



Mark Harrington

Mills American Legion post home on her birthday.

This was a fun and happy affair, with friends and relatives from all around. There were Grovers and Barretts from Burlington, Vt., granddaughter Eileen Flynn and her daughters Madison and Lucy, from Myrtle Beach, S.C., and lots of other friends and relatives from all around Western Maine. In all, there were 87 names signed in the guest register, and we know of a few others who intended to come but who were kept away by weather, health or other reasons. The room was set up with a head table for the guest of honor, two sisters, Suzie Abbot, Evelyn Chamberlain, (third sister Beryl Oja was unable to attend but sent a poem she had written) and daughter Elsie Aylward. Tables for the rest of the guests were in two parallel columns oriented to make the head table the focal point. On the wall next to the head table was a screen with photos of Ina with her children and numerous relatives and friends showing in a continuous slide show highlighting many of the highlights of Ina's life. There were many memories of Ina's experiences over a long life, beginning with living without electric lights or indoor plumbing, lots of hunting stories, stories of her entertaining family and friends (invited and drop-ins as well), her extraordinary generosity, her needlework — both knitting and quilting, tending large vegetable gardens and beautiful flower gardens and her almost innumerable relatives and friends whom she always remembers with birthday cards, a truly extraordinary woman.

Rupert and Elsie opened the festivities by introducing Ina, her sisters, her children, grandchildren and great-grandchildren. Following the introduc-

tions was the reading of poems highlighting many happy events and other humorous happenings over the course of Ina's life. After the poems, guests were invited to a sumptuous meal of baked ham, stuffed shells, mashed potatoes, winter squash and all the other trimmings arranged by Suzanne Grover. Birthday cake, friendly banter and general visiting and "catching up" chatter among friends rounded out a very successful and fun get together. The best part of the day was the fact that the weather held off and did not interfere with any of the guests who got to Locke's Mills.

Waterford

By Rockie Graham



I know others will disagree, but I am glad we didn't get hit with a foot of snow. Not ready for that yet. Hopefully by the time it comes, our plow truck will be back. We haven't had it for a year. This year, I am not in a position to snowplow. I'm just concentrating on walking for now.

Will be glad to see all those obnoxious ads gone till June. I am sick of them. I have to mute them sometimes.

Thursday, Nov. 6 is the night of the Full Beaver Moon. Enjoy the light.

Thursday, Nov. 6 in Bridgton at 3:45 p.m. there is a sunset moonrise hike at Bald Pate Mountain Park. Dress appropriately. Hosted by Loon Echo Land Trust. Donations welcome. FMI 647-4352.

Friday, Nov. 7, Oxford County Gem and Mineral Assn. Charity Auction, 7 p.m., Oxford Hills High School. Proceeds benefit local charities. FMI Ken Briggs 665-2759.

Friday, Nov. 7, 9 a.m. to noon, Waterford Library will host a coffee shop at the library, 663 Waterford Road. Come meet others in your community. FMI 583-2050.

Saturday, Nov. 8, Turkey Supper Alder River

Grange, Veterans free. 5 p.m., 1895 Intervale Road. Adults \$8, under 12 \$3.

Nov. 11 is Veterans Day when we celebrate all who have fought in wars past. It takes a special kind of courage to fight in the service.

Nov. 11 is also the birthday of granddaughter Sarah Herbert. Sarah is now out in Arizona with Mom Becky and Step dad Jeff. She will probably be able to go swimming. It is 70 degrees there.

That is all for this week. Hope all voted. Have a great week.

Upton

By Joe Bernier



An officer of the Upton Ladies Aid Association has informed me that the Hunter's

Breakfast has been cancelled. She believes, however, that the Hunter's Dinner is still on. The dinner is scheduled for Saturday, Nov. 8.

I finally finished digging my potatoes Saturday. I was surprised to discover that some deer had been helping themselves. I didn't know that deer would dig them up and eat them. I left the undersized and partially eaten potatoes in the garden for them.

At this point, I would vote for any candidate (except Hillary Clinton) for any office, who did not run negative ads. I would also like to vote for a referendum that did not use ads that should be rated pg13. I see no reason that preschool or grammar-school children should be subjected to watching animals getting shot at close range, mauled by dogs or caught in traps. Those types of graphic ads should not be on public TV before 9 p.m.

The Upton Selectmen will meet Tuesday, Nov. 11, 7 p.m. at the Town Office. Somehow, the snow missed us. Oh well, better luck to us next time. Please call 533-2010 or email backstjoe@gmail.com with your news.



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Backyard Reflections

BY SARA WRIGHT

The American Robin

This fall Robins have become a source of intrigue because they have been gathering in the branches of one of my trees, a weeping crabapple. What I can't figure out is why they are devouring the thick clusters of vermilion berries on this tree and no other.

This has been an excellent fruit year and all my fruit trees are studded with berries or fruits, especially the seven crabapples. Every sunny morning anywhere from 20 to 50 birds fly in from the overgrown field, now a young forest, and settle into the trees around my house as soon as the sun peaks over the horizon. One by one they drop to the ground underneath that one crabapple that still has ripe berries on its branches even after two weeks of these morning visits that seem to occur only on sunny days. (Where do they go when it's gray?) First, the robins spear the fruit and then with yellow beaks open, they gobble up the crimson berries. Their movements are abrupt as they hop forward a few steps and then stand still even while eating. With

large shining eyes ringed in white against a charcoal head, a fringed black and white throat, dark brown coat and a stunning orange chestnut breast they are beautiful birds to behold.

Up until this fall I have always associated robins with the disappearing snow. A member of the thrush family, their plaintive song stands out in the spring bird cacophony because it's one of the first in the morning to sing up the sun. The sight of robins hopping around my yard cocking their heads to the ground while listening for worms captures my imagination and attention each spring because I can't conceive of what sound a worm/grub might make underground or how a bird would hear it! (Robins hunt earthworms and grubs using listening skills, visual, olfactory and possibly vibrotactile cues.) What I didn't know was robins also rely on fruits for food, especially in the fall and winter. I wondered why I had never seen them clustering around my crabapples before now. Normally at this time of year I am watching chickadees, nuthatches, woodpeckers and finches visit my feeders, but this year

the seed crop has been so good that few birds have been around. Cedar waxwings and grouse usually perch in the crabapples to demolish the fruits, but I have never noted them favoring one tree. True, the waxwings haven't come by this year; maybe their absence opened a niche for the robins? Reflecting upon these observations still didn't answer the question of why the robins were eating from just that one tree. In frustration I decided to try a few crabapples to see if I could tell the difference between them. After biting into a few bitter berries that all tasted the same to me I reached the conclusion that whatever the answer to the question, it would remain unanswered unless I could find something about berry preferences in the literature.

When I read about Robin food preferences I discovered that robins ate caterpillars, grasshoppers and even mollusks in addition to earthworms and grubs. After living for 30 years on the seacoast I had yet to see a robin forage on a beach. Sixty percent of a robin's diet consisted of fruits both cultivated and wild. The list of wild fruits and berries amazed me. Chokecherries, hawthorn, sumac, honeysuckle, winterberry, juniper berries and honeysuckle (apparently if robins flock to honeysuckle berries and eat enough of them the birds will become intoxicated and have trouble standing up) were all plants that thrived on this property along with many fruit trees so now I began to wonder for the second time why I had never before seen these birds in flocks around here in the fall. For robins the ability to switch from insects/earthworms etc. to fruits and berries allowed these birds to winter much further north than most other thrushes. I didn't know that robins lived as high up as the tundra or on mountains up to the tree line as well as inhabiting parks, lawns, fields and woodlands. Moist woodlands are especially important because many of the berry producing trees and shrubs can be found there and robins seek out



LEARNING ABOUT VOLUNTEER OPPORTUNITIES—The second annual Bethel Area Nonprofit Collaborative (BANC) Fair took place last week at Gould Academy. The event provides a setting for local organizations to share with high school students from Gould and Telstar information about their organizations. Students were shown the breadth of nonprofit activities that work to build better community and given opportunities to register to volunteer, both to satisfy graduation requirements and to become active community members. Here, Carol Emery (left) of River Valley Healthy Communities provides information for THS students (from left) Boston Ludden, Rebecca Morin, Kayle Kofton-Bileau, Cheyanne Casey and Courtney Skillin.

A. Aloisio

these wetlands for food during the fall and winter months.

Robins can be found year round almost anywhere south of Canada. Birds that breed in Canada to the north slope of Alaska leave in the fall for the United States. Some winter as far south as the Southwest, Mexico and the Gulf coast. Apparently, some robins do overwinter as far north as Maine but most robins migrate south in the winter. Last year my friend Sally at Mountain Greenery was concerned about a robin that hadn't gone south for the winter and asked me about feeding it. Because I didn't know then that robins depended so much on fruits for food, I attributed the bird's presence to an anomaly or climate change, which wasn't very helpful. Robins migrate more in response to food than to temperature. As the thermometer drops robins spend most of their time in trees, which is why even if they are around, we are unlikely to see them. In some areas they roost in large flocks at night during the fall and winter, breaking into small groups to feed on berries during the day. It is possible that the small flock I keep seeing may be part of a larger group; maybe one crowd of rob-

ins replaces another at my crabapple tree. I am curious to see whether or not one or more of these birds may winter over. Any robin that chooses to stay here will find berries to eat, even if I have to buy some. When I look at the bird map I see that this area is on the edge of the birds' migratory corridor. It may be that climate change is playing a role in keeping some robins here later in the season or for the entire winter, but there are others variables so it's hard to tell.

Regardless of whether they migrate or not robins begin seeking out territories for breeding in either late February or March. This is when they begin to sing and flocks disperse as each male claims a spot. While pairs are forming males and females approach each other holding their mouths wide open. The males also spread their tail feathers and inflate their black and white throats. Females build the nests pressing dead grass, roots and twigs into a cup shape using one wing. Once the cup is formed she reinforces the nest with mud from soft worm castings to make a heavy sturdy nest that will sit about fifteen feet off the ground, perhaps in the crotch of a tree. A clutch of three

to five light blue eggs is incubated by the female alone. The eggs will hatch in about two weeks and the female will care for them for two more weeks until fledging. After that both males and females will continue to feed their offspring who will become independent in a short time. Only about a fourth of the young will make it to adulthood. Predators like cats, snakes, and all hawks, blue jays, ravens and crows are threats to the robin.

The American robin has a place in Native American mythology. The Tlingit tribes of the Northwest believe that Raven created the robin to please the people with its song. In many cultures the robin is a symbol for the return of spring.

Although I researched a number of sources I never found any information about robins having a preference for one kind of fruit, but now that I am on the alert and have learned a bit more about robins I will be watching carefully to see what they do when this particular crabapple is finally stripped bare. Will they move on to other crabapples or will they disappear? Will some winter over? The thing I love best about being a naturalist is that there is always another chapter to the story.

School Lunch Menu

MSAD 44 Nov. 6 through Nov. 14

Elementary School

Thursday: Super nachos with cheese and salsa or Sun Butter and jelly on wholegrain bread with cheese stick, corn, pineapple chunks.

Friday: Sweet potato encrusted fish nuggets or Sun Butter and Fluff with cheese stick, oven fries, cabbage slaw, applesauce.

Monday: Maxx cheese sticks with dipping sauce or Sun Butter and jelly on wholegrain bread with yogurt, baby carrots, mandarin oranges, Chex snack mix.

Tuesday: Veterans Day. No School.

Wednesday: Popcorn chicken or Sun Butter and jelly on wholegrain bread with yogurt, seasoned green beans, yellow wholegrain rice, banana.

Thursday: Italian sandwich on a wholegrain bun or Sun Butter and jelly on wholegrain bread with yogurt, celery sticks, peach cup, graham crackers.

Friday: Ziti with meat sauce and breadstick or Sun Butter and Fluff on wholegrain bread with yogurt, Caesar salad, apple.

Middle/High School

Thursday: Italian Dunkers on wholegrain bun or fish and cheese sandwich on a wholegrain bun, Caesar salad, fresh melon, diced pears.

Friday: Toasted cheese or ham and cheese on locally made bread, chef's choice homemade soup, sweet potato fries, carrot and cabbage slaw, apple, peach slices.

Monday: Maxx cheese sticks with dipping sauce, baby carrots, mandarin oranges, Chex snack mix.

Tuesday: Veterans Day. No School.

Wednesday: Chicken tenders with dipping sauce, green beans, breadstick or roll, yellow wholegrain rice, banana.

Thursday: Cook's choice sandwich, baked potatoes, celery sticks, peach cup.

Friday: Ziti with meat sauce and breadstick, Caesar salad, apple.

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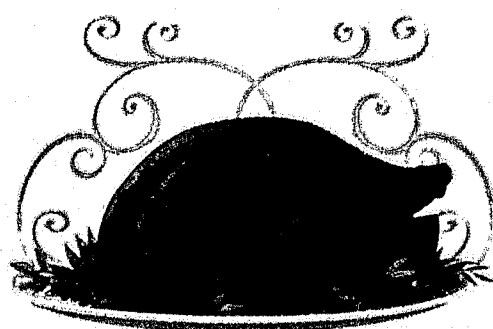
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TELSTAR NHS INDUCTION—The Telstar High School National Honor Society welcomed 17 new members in an induction ceremony last week. Students inducted met criteria for scholarship, leadership, character and service. Pictured are, front: Anna Tyrina, Travis Brooks, Kaitlyn Brown, Jessica Kelly, Lisa Gammon, Mariah Millett, Ashley Savage, Gabrielle Stone. Middle: Carla Boyle-Wight, Annie Cushman, Savanna Pelletier, Savannah Vermette, Cassidy Smith, Austin Bear, Tyra Howes, Becca Howard, Maureen Glover, Aislinn Forbes. Back: Gregory Wheeler, Liam Gallagher, Christopher Chapple, Zachary Wheeler, Rebecca Lynn Tuttle, Dharma Damon, Naomi Carr, Katherine Merrill.

A and A Bear Photography

WMNF Veterans' Day weekend fee free

The U.S. Forest Service is waiving fees at most of its day-use recreation sites over the Veterans Day holiday weekend. The White Mountain National Forest is pleased to participate in the celebration, waiving all day use fees from Saturday, November 8 through Tuesday, Nov. 11.

The fee waivers are offered in cooperation with other federal agencies under the Federal Lands Recreation Enhancement Act. Day-use fees will be waived at all standard amenity fee sites operated by the Forest Service.

"This is our way of saying thanks to the brave men and women – past and present – who put their lives on the line every day to keep us safe at home," said U.S. Forest Service Chief Tom Tidwell. "We encourage veterans, their families and all visitors to take time out over the holiday weekend to enjoy the benefits that nature provides at forests and grasslands throughout the country."

The Forest Service operates approximately 17,000 developed recreation sites nationwide. Of those, approximately 6,000 require recreation fees, which are reinvested locally to pro-

vide visitor services, repairs and replacements, and facilities maintenance.

Day use fees will be waived across the White Mountain National Forest, however fees will remain in effect for overnight camping, cabin rentals, permits, reservations, and activities offered by concessionaires.

The mission of the Forest Service is to sustain the

health, diversity and productivity of the nation's forests and grasslands to meet the needs of present and future generations. The agency manages 193 million acres of public land, provides assistance to state and private landowners, and maintains the largest forestry research organization in the world. Forest Service lands contribute

more than \$13 billion to the economy each year through visitor spending alone. Those same lands provide 20 percent of the nation's clean water supply, a value estimated at \$27 billion per year.

For more information about the White Mountain National Forest, visit www.fs.usda.gov/whitemountain



SKI SHOW RETURNS TO BETHEL



Leigh Breidenbach, general manager at Sport Thoma with a 2015 sweater jacket from Spyder (left) and 1948 women's ski jacket from Mountaineer (right). Both fashions will be modeled at the SUNRI Ski Fashion Show

Submitted photo

After four decades, a pre-season ski fashion show is returning to Bethel. In the early 70s, Jean and Paul Kailey, owners of Sunri Ski Shop, Bethel's first ski shop, hosted an annual fashion show at the Bethel Inn. This year their son, Peter, owner of Sport Thoma Ski Shop on Route 2 in Bethel and six other shops throughout New England, is hosting a show to benefit the Ski Museum of Maine.

The fashion show gala is scheduled for Friday, November 28, from 4:30-6:30 pm at the Bethel Inn Re-

sort. Outfits from the 1940s to the 2000s will alternate with the latest model ski apparel for the 2015 season. Hors d'oeuvres will be served and a full cash bar will be available. A glass of wine or beer is complementary with admission.

Tickets for the event are \$30 per person and are on sale in advance at Sport Thoma Ski Shop, the Bethel Inn Resort and on-line at www.skimuseumofmaine.org. Proceeds will benefit the establishment of a satellite location of the Ski Museum of Maine in Bethel. The Bethel Museum site will focus on the rich history and heritage of alpine and Nordic skiing in Oxford County.

Community members who would like to have their retro ski outfits featured in the show are encouraged to call Leigh Breidenbach, general manager at Sport Thoma, (207) 824-2266. Says Leigh, "We're always on the lookout for classic ski fashions—especially styles from the 40s into the 70s. We'd love to see some snowflake sweaters, melton wool jackets, gentsy trousers, and waffle stompers on our runway this year. What's in your attic?"

Founded in 1995, the Ski Museum of Maine is a 501(c)(3) charitable organization established with the mission to celebrate and preserve the history and heritage of Maine skiing. The Ski Museum exhibits artifacts, photographs, artworks, and documents at its location in Kingfield, conducts educational programs to ski clubs, schools, libraries, historical and civic organizations, and hosts social events and activities throughout the year. Information on the Ski Museum of Maine is available online at www.skimuseumofmaine.org.

CHADBOURNE PARK—Chadbourne Tree Farms has been thinning trees opposite the Parkway in Bethel in order to provide a more "park-like" appearance. See Don Bennett's Bethel column for more.

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Bethel Karate returns victorious



by Cherri Crockett

More than a dozen students of Western Maine Budo Arts under the direction of Sensei Kristin O'Connor, were joined by parents, siblings and friends recently, when they traveled to Connecticut in order to compete in an annual Japanese Karate event.

"This is such a great group of kids," said Sensei O'Connor. "It melts my heart to see them compete so strong and to see the support of the students who are on the sides cheering them on."

While the group worked cohesively to compete on

and off the mat, those individuals coming home with medals and trophies to add to the team's collection were Lidia Melanson, who placed second in fighting and Kata; Nyia Dixon, who placed first in Kata; Stella Diaz, who placed first in fighting and third in Kata; Brenna Diaz, who placed third in Kata and second in fighting; and Samantha Miller, who battled in Kata for a second place medal.

It was Nyia and Brenna's first year competing and in their words, "It was really a lot of fun," said Nyia. "I was nervous, really nervous, but I had a really great time."

Brenna added, "I liked it. Kata was the hardest. But I did good. I really liked it."

Celia Melanson, sister and teammate to Lidia, said, "It was nerve wracking getting ready to compete, but it was a lot of fun."

Ages in the group range from six years old to 54. "There is no age limit, really," said Sensei O'Connor. "It's great to see everyone out here learning something new or refining skills they had at one time. I love it helping them grow to their potential."

The group is now trying to save up money to travel to Florida in January for their next competition and

would love to have your support.

If you're willing to help the students raise funds for their Florida competition, please visit

<http://gogetfunding.com/project/karate-team-to-compete-in-florida-tournament> and make your donation.

You can also drop your returnable bottles off at Crazy Sisters Redemption in Bryant Pond. Simply bring in your returnable bottles and cans and ask them to donate it to WMBA or Bethel Karate. Crazy Sisters Redemption is located on 4 Railroad Street in Bryant Pond.



FIRE DEPARTMENTS TRAIN WITH LADDER TRUCK On Sunday the Newry Fire Department hosted a multi-department training with Newry's ladder truck. Newry, Bethel, Gilead and Woodstock participated in ladder operations, with the other departments operating the ladder from the basket during a fire, and flowing water through the ladder pipe and monitoring the nozzle from the basket. They also practiced extrication with the litter attached to the basket in the event of a rescue from high up in a building.

Submitted photo

Citizens Committee Pursuing a Recreation & Wellness Center for Oxford Hills

The need for a comprehensive wellness and recreation center has been discussed for more than 20 years. A strategic study conducted in 2002 by the YMCA of the USA recommended that an organizing committee proceed with the development of a YMCA to offer a swimming pool and other recreational/fitness facilities to serve the Oxford Hills. While the study documented strong support for such a facility, the timing of that effort coincided with the Stephens Memorial Hospital's \$7 million building and renovation campaign, so the recreation center was put on an indefinite hold.

Late in 2012, twelve students in a design course at Oxford Hills Comprehensive High School developed conceptual designs for a recreation center to be attached to the school. As a result, a steering committee comprised of leaders from the community formed to advance the project. PDT Architects of Portland, who de-

signed the high school, was hired to take the project to the next level. In 2013 PDT held a series of community meetings and accompanied members of the steering committee on site visits to five recreational facilities in Maine.

With a drive for simplicity, energy efficiency and affordability, PDT designed a 50,000 square foot facility with multi-functioning elements including a swimming pool and therapy pool, walking and jogging track, community gymnasium, fitness facility, multi-purpose rooms, childcare and cafe. Attached to the high school,

the recreation and wellness center would be supported by existing utilities, energy resources and parking.

Construction, design, and furnishings for the Center would cost a total of \$12.5 million. In addition, a \$3 million endowment is proposed to subsidize fees so that no one would be turned away due to inability to pay membership or program fees.

The development of a business plan for the project reveals that the Oxford Hills Recreation and Wellness Center can be self-supporting. Careful stud-

ies of the operating expenses and revenues of similar facilities in Maine indicate that the Oxford Hills Center's annual budget would approach \$1 million in the first full year of operations, and grow by about 10 percent annually over five years. With a full range of well-subscribed programs for children and adults, the center is projected to maintain balanced budgets that include set-asides for long-term building maintenance and repairs.

The service area for the proposed center includes the 50,000 people who live within a 15-mile radius of

the high school. The population of the towns comprising the Oxford Hills school district is in excess of 20,000. In comparison, the MDI YMCA serves a local population of approximately 10,000. Its 1,800 members include 40 percent of the families in Bar Harbor, where the facility is located. The 3,400 members of the Downeast Family YMCA represent 30 percent of the families in Ellsworth, a community that is demographically comparable to the Oxford Hills.

The committee has commissioned a fundraising feasibility study by Gary

Friedmann and Associates of Bar Harbor to seek the advice of leaders from throughout the region. A successful campaign requires dedicated volunteers, a strong case, willing and capable donors and an achievable goal. Beginning in November, the study will determine whether the proposed plans will be embraced and supported by the greater Oxford Hills community.

The results of this study will be received in January, and the committee will share its conclusions as soon as they are available.

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COMMUNITY CALENDAR

District Exchange; Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4 p.m., Thursday 4 to 6 p.m., Saturday, 10 a.m. to 12 noon. Donations of gently-used clothing only accepted during open hours - No exceptions. FMI: 824-4090. Clothing may also be left at Northeast Bank, Main Street, Bethel Monday through Wednesday, 9 a.m. to 4 p.m.; Thursday and Friday 9 a.m. to 5 p.m.; and Saturday 9 a.m. to 12 noon.

Bethel Area Food Pantry; serving the residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton and Woodstock. The Food Pantry is open on the second Monday of each month from noon to 8 p.m. Anyone in need of food should come during those hours, without appointment. The Food pantry is located in the basement of the Nazarene Church, 16 Church Street, Bethel, by the side entrance on Park Street.

Art Exhibit; "Images of the North Maine Woods," by Michael Everett, depicting river-level views of the Allagash and St. John Rivers, will be on display at the West Paris Library on 226 Main Street until the end of December. Hours: Monday and Friday 1:30 to 6 p.m., Wednesday 1:30 to 7 p.m. and Saturday 10 a.m. to 2 p.m. FMI: 674-2004.

Nov. 6, 7 and 8

Hairspray; 7:30 p.m., Laura Hill Eastman Performing Arts Center, 18 Bradley Street, Fryeburg. A highly energetic show filled with many dance numbers, sure to leave you thoroughly entertained. Tickets: \$8/adults, \$5/students and seniors. FMI: www.fryeburgacademy.org or 935-9232.

Thursday, Nov. 6

WMSC Alzheimer's Presentation; 4:30 to 6:30 p.m. Bethel Congregational Church. "The Basics: Memory Loss, Dementia and Alzheimer's Disease" presented by Dr. William J. Kirkpatrick. FMI: Rosabelle Tift (824-2053).

Small Business Inventory Management Workshop; 6 to 8 p.m., Norway Town Office, 19 Danforth Street, Norway. \$25 per person. Returning veterans of the armed forces are encouraged to attend at no charge. FMI/Registration: Rebecca Dowse (743-0499 or dowse@roadrunner.com).

Adult Book Discussion; 6:30 p.m., Norway Memorial Library. Book: Frankenstein by Mary Shelley. FMI: 743-5309.

Friday, Nov. 7

En Plein Air du Autumn Apple; 10 a.m. to 12 p.m., Lyon's Orchard with Janet Willie and guest. Cooler weather may mean snow making at Sunday River but here in town those nice warm days are perfect to get out in the crisp air and energize your artistic fiber! Rain, snow, sleet, wind or sun we meet at Lyon's Orchard amongst the apple trees. We explore the beauty of color and form in our backyard. Supplies needed: Bring your favorite art supplies. Limited supplies available. Dress accordingly. FMI: www.ArtBarn18High.com or 824-3889.

Red Cross Blood Drive; 12 to 5 p.m., Bingham Gymnasium, Gould Academy. FMI/Appointments: Gould Academy Health Center (824-7733) or Red Cross (1-800-RED-CROSS).

First Friday Reception; 5 to 7 p.m., Main Street Gallery, 426 Main Street, Norway. The gallery will feature the photography of Reinaldo Cortez, Main Street Gallery's November artist of the month. FMI: westernmaineartgroup.org.

"Time & Place: Narrative Landscapes 2009-2014" Opening Reception; 5:30 to 8 p.m., Owen Art Gallery, Gould Academy. Over 25 paintings by local artist, Veronica Cross, will be on view from Nov. 7 to Dec. 18.

Alder River Grange Meeting/Potluck; 6 p.m. potluck supper followed by a 7 p.m. meeting and peel party.

"Growing Local" Film Series Screening 6 p.m., Center for an Ecology-Based Economy, Main Street, Norway. Growing Local contains three short vignettes: "Seeding a Dream," "Pig Not Pork," and "Changing Hands." Each focuses on a different challenge hindering the growth of the local food movement, and points toward possible solutions. The film will be followed by a panel discussion with local farmers. Free and open to the public.

Oxford County Gem & Mineral Assn. Charity Auction; 7 p.m., Oxford Hills High School. Open to the public. Proceeds to benefit local charities. FMI: Ken Briggs (665-2607) or Dennis Gross (665-2759).

Alder River Grange Meeting; Peel party to prepare for Nov. 8 turkey supper.

Saturday, Nov. 8

Hope Association Crafting/Scrapbooking Day; 7 to 9 a.m. Silent auctions, swap table, 50/50. Tables are \$35. FMI/Registration: Sally Theriault (864-4561).

Oxford Hills Honey Bee Club Workshop; 1 p.m., Oxford County Extension Center, 9 Olson Road, South Paris. The club will be answering any questions you may have on wintering bees. FMI: Kevin (farrot@roadrunner.com).

Enameling - Simple Gifts; 1 to 5 p.m., the Art Barn, 18 High Street, Bethel. Stay warm near the kiln and learn to create a simple gift for the holidays using sifting techniques. You will leave the class with at least one finished project: tree ornament, pendant, key chain, luggage tag, earrings, or purchase a switch plate for \$12 to enamel. Expression of your inner artist is the only required supply you need bring. An extra hour has been added to ensure completion of projects. Class size limited to 4 students! Register early for your spot! Instructor: Kyra Suwak. \$40 for the course plus \$10 materials fee. FMI: www.ArtBarn18High.com or 824-3889.

Turkey Supper; 5 p.m., Alder River Grange. Turkey supper with all the fixings. \$8/adults, \$3/kids under 12, veterans eat free.

Woodstock Historical Society Meeting; 6 p.m., Woodstock Museum. Members are reminded that money for the Christmas donation will be collected. Following the meeting, Joyce Howe will present a program on cemetery stones, inscriptions, recording, and preservation. The public is welcome to attend.

Swingin' Bears Square Dance Club; 7 to 10 p.m.,

Oxford Hills Middle School, 100 Pine Street, South Paris. Mainstream and plus dance alternating with round dancing with Don Bachelder and Carol Arsenault. Refreshments at intermission, door prizes, 50/50. Admission: \$6, non-dancers welcome at no charge. FMI: Eleanor (782-4050) or www.square-danceme.us.

Sunday, Nov. 9

Calvary Bible Church 50th Anniversary; There will be a potluck dinner and slide show after the service. Pastor Duane Waite will speak.

Monday, Nov. 10

Stamping Up Class with support from Kathy Pulsifer; 10 to 11:30 a.m., SMH Cancer Center, 199 Main Street, Norway. Join Kathy Pulsifer from Stamping Up and have fun exploring your creativity with rubber stamping. This is a great time to Create, Laugh and Enjoy creating projects together! This is a free class for patients with cancer, cancer survivors, and caregivers.

Tuesday, Nov. 11

Look Good Feel Better; 6 to 8 p.m., SMH Cancer Center, 199 Main Street, Norway. The SMH Cancer Center invites patients with cancer, cancer survivors, and caregivers to attend this hands-on workshop that will discuss and demonstrate skin care/makeup as well as options for hair loss.

Wednesday, Nov. 12

Bethel Senior Citizens Meeting/Luncheon; 11 a.m., Locke's Mills Legion hall. Reservations must be made before Nov. 1 by calling Arlene Lowell at 824-2877. Price of dinner is \$10.

Thursday, Nov. 13

TMS Parent Teacher Conferences; 4 to 7:30 p.m., Telstar Middle School. Please call the Telstar Middle School Office at 824-2136 ext. 500 to schedule an appointment.

Mollycokett Trout Unlimited Meeting; 7 p.m., McLaughlin Science Center (second floor, first classroom on the right) Gould Academy, Bethel. Slide presentation about aquatic insects followed by time to view insect specimens under microscopes. FMI: Lee (743-9808).

Friday, Nov. 14

Jewelry Beading Class with support from Lively Accents; 10:30 to 11:30 a.m., SMH Cancer Center, 199 Main Street, Norway. Join Cathy Murphy a local artisan from Lively Accents and make your own cancer awareness bracelet using fiber optic beads and pearls. All materials will be provided for the class. This is a free class for patients with cancer, cancer survivors, and caregivers.

Diabetes Self-Management Class; 1 to 3 p.m., Bridgton Hospital's large conference board room. Linda Russell, a registered dietitian and Certified Diabetes Educator, will discuss meal plans and diabetes and review carbohydrate counting. Her presentation will include preconception care, pregnancy, gestational diabetes management, and glucose monitoring. Pre-registration required. A dietary consultation is preferable prior to the class (call Linda Russell at 647-6062 for an appointment). FMI/Registration: 647-6064.

Saturday, Nov. 15

Craft Fair; 9 a.m. to 2 p.m., Telstar High School Cafeteria. Crafts, Chinese Auction, bake sale. To rent a space or for more info, call Sally at 875-3335. Proceeds to benefit the Telstar Alumni Association.

Snowflake Fair; 10 a.m. to 1 p.m., Lovell UCC, Route 5, Center Lovell. Fresh balsam wreaths, berry-bowls, fir pillows, baked goods, luncheon, treasures, costume jewelry, Christmas loft, SERRV items, gifts, raffles, books.

Explorations Final Season Art Exhibit; 2 to 4 p.m., Jordan Grand Hotel, Sunday River. A celebration of 25 years of creative expression. Free and open to the public. FMI: www.arlapatch.com.

Benefit Concert and Silent Auction; 7 to 11 p.m., Locke's Mills Legion Hall. Refreshments and beverages available. 21+ BYOB. Music by the Ball Brothers and The Way Back Machine. Tickets: \$10 per person or \$15 per couple, available at the Local Hub or at the door. Proceeds to benefit Mahoosuc Regional Youth Football Association and Telstar High School Football Boosters.

Sunday, Nov. 16

Finnish American Heritage Society Meeting; 2 p.m., Finnish-American Heritage Center, 8 Maple Street, West Paris. Following a brief business meeting, Anikka Kahkonen, a high school senior who spent a month with relatives in Finland last summer, traveling extensively, will share her experiences through video and narration. The public is welcome to attend.

Berlin Jazz; 2 p.m., St. Kieran Community Center for the Arts, 155 Emery Street, Berlin, N.H. \$12/adults, \$8/under 18. FMI: www.stkieranarts.org.

Monday, Nov. 17

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or http://meoc.maine.edu. Free and open to the public.

Tuesday, Nov. 18

Diabetes Self-Management Class; 1 to 3 p.m., Bridgton Hospital's large conference board room. Registered nurse and Certified Diabetes Educator, Elaine Drew, will provide an overview of diabetes. Occupational therapist, Karen Bodon, will discuss the importance of daily exercise and how it can help improve blood sugar levels, decrease weight and enhance overall wellbeing. Optometrist Thomas Gordon will discuss eye care and diabetes. Pre-registration required. A dietary consultation is preferable prior to the class (call Linda Russell at 647-6062 for an appointment). FMI/Registration: 647-6064.

Wednesday, Nov. 19

SeniorsPlus; 1 to 4 p.m., Norway Town Hall. Representatives from SeniorsPlus, the Area Agency on

Aging, will be on hand to answer any questions or concerns you may have. Free and open to the public. FMI/appointments: 1-800-427-1241.

Thursday, Nov. 20

Knitting and Crocheting Class with Support from Fiber & Vine; 10 a.m. to 12 p.m., SMH Cancer Center, 199 Main Street, Norway. SMH Cancer Center invites patients with cancer, cancer survivors, and caregivers to join in with some volunteers from Fiber and Vine. Bring your ongoing knit and crochet projects and /or learn to make chemo caps and prayer shawls. If needed we will provide some yarn and needles at no cost to you. This is a free class for patients with cancer, cancer survivors, and caregivers.

Nov. 21 and 22

Senior College Players Performance; 7 p.m., Gould Academy Trustees Auditorium. "We Hope We Passed the Audition" promises an evening of fun and laughter. Admission is free; however, donations will be accepted to offset royalties. FMI: Ross Timberlake (824-6545) or Lorrie Hoeh (824-2917).

Sunday, Nov. 23

Diabetes Self-Management Class; 1 to 3 p.m., Bridgton Hospital's large conference board room. Diabetic foot care, diabetic neuropathy, lab tests, glucometer testing, possible complications and psychosocial adjustment will be among the topics discussed. Bridgton Hospital Pharmacy Director Denyell Gerchman will discuss medications, oral blood glucose lowering agents, insulin therapy and blood pressure and cholesterol lowering medications. Pre-registration required. A dietary consultation is preferable prior to the class (call Linda Russell at 647-6062 for an appointment). FMI/Registration: 647-6064.

Monday, Nov. 24

Cancer Nutrition Workshop; 1 to 3 p.m., Harper Conference Center, 193 Main Street, Norway. Join Patti-Ann Douglas, RN and Wendy Dillon, RN as they address eating challenges, incorporating healthy nutritional habits into daily life, and the importance of proper nutrition during and after cancer treatment. Recipes and nutritional resources will be provided. This is a free class for patients with cancer, cancer survivors, and caregivers.

SeniorsPlus; 1 to 4 p.m., Fryeburg Public Library. Representatives from SeniorsPlus, the Area Agency on Aging, will be on hand to answer any questions or concerns you may have. Free and open to the public. FMI/appointments: 1-800-427-1241.

Sunday, Nov. 30

Bethel Rotary Club Country-Breakfast; 7:30 to 11 a.m., Ordway Hall, Gould Academy. Adults \$7 (\$8 at the door). Children under 12 \$3.

Monday, Dec. 1

Stamping Up Class with support from Kathy Pulsifer; 10 to 11:30 a.m., SMH Cancer Center, 199 Main Street, Norway. Join Kathy Pulsifer from Stamping Up and have fun exploring your creativity with rubber stamping. This is a great time to Create, Laugh and Enjoy creating projects together! This is a free class for patients with cancer, cancer survivors, and caregivers.

Saturday, Dec. 6

Artist's Talk with Daniel Kany and Veronica Cross; 6:30 p.m., Trustees Auditorium, McLaughlin Science Center, Gould Academy.

Tuesday, Dec. 9

"It's a Wonderful Life" Live from WVL Radio Theatre; 7 p.m., St. Kieran Community Center for the Arts, 155 Emery Street, Berlin, N.H. FMI: www.stkieranarts.org.

Dec. 10, 12 and 14

North Country Chorus; 7 p.m. Wednesday and Friday, 2 p.m. Sunday, St. Kieran Community Center for the Arts, 155 Emery Street, Berlin, N.H. FMI: www.stkieranarts.org.

Thursday, Dec. 18

Knitting and Crocheting Class with Support from Fiber & Vine; 10 a.m. to 12 p.m., SMH Cancer Center, 199 Main Street, Norway. SMH Cancer Center invites patients with cancer, cancer survivors, and caregivers to join in with some volunteers from Fiber and Vine. Bring your ongoing knit and crochet projects and /or learn to make chemo caps and prayer shawls. If needed we will provide some yarn and needles at no cost to you. This is a free class for patients with cancer, cancer survivors, and caregivers.

Friday, Dec. 19

Las Posadas; 7 p.m., St. Kieran Community Center for the Arts, 155 Emery Street, Berlin, N.H. An original operetta based on Tomie DePaola's "The Night of Las Posadas." FMI: www.stkieranarts.org.

Monday, Dec. 22

Celebration Party; 1 to 3 p.m., Harper Conference Center, 193 Main Street, Norway. SMH Cancer Center Staff invites patients with cancer, cancer survivors, and caregivers to come to our celebration party. The celebration party is only limited by one's imagination. This is an uplifting gathering to honor celebrating LIFE! It is also a way for you to connect with each other, share your memories that bring about laughter and fun. Come join us and celebrate the miracles of life and be surrounded by people who care and love as much as you do.

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REGULAR MEETINGS AND EVENTS

MUNICIPAL

Bethel Selectmen: Second Monday of the month, 7 p.m., Town Office.
Bethel Planning Board: Second and fourth Wednesdays of the month, 7 p.m., Town Office.
Bethel Water District: Third Tuesday of the month, 7 p.m., Town Office.
Gilead Selectmen: Second Wednesdays of the month, 6 p.m., Town Office.
Gilead Planning Board: First Thursdays of the month, 7 p.m., Town Office.
Greenwood Selectmen: First and third Tuesdays of the month, 5 p.m., Town Office.
Hanover Selectmen: Third Tuesday of the month, 6 p.m. unless otherwise posted.
Hanover Planning Board: First Wednesday, 6 p.m.
Newry Selectmen: First and third Tuesdays of the month, 5 p.m., Town Office.
Newry Planning Board: First and third Wednesdays of the month, 7 p.m., Town Office.
Woodstock Selectmen: First and third Tuesdays, 5 p.m., Town Office.
Woodstock Planning Board: First and third Tuesdays, 7 p.m., Town Office.
SAD 44 School Board: Second Monday of the month, 6:30 p.m., Telstar High School (occasionally meet at other schools; call 824-2185 for info).

ORGANIZATIONS

Andover
Sundays, 6 p.m. Andover School Withdrawal Committee meets.
Mondays and Tuesdays, 4:30 p.m.-Andover Fitness Club, Andover Elementary School gym.
Bethel
First Sunday of month, 7 p.m. - Bethel Snow Twisters at 208 Walkers Mills Rd.
Third Sunday of each month, 9 a.m. - Breakfast open to the public at no charge at Bethel Church of the Nazarene.
Tuesdays, 5:30 p.m. - Bethel Bicycle/Western Maine Velo road cycling rides, departing from Bethel Bicycle. Please call 824-0100 for more information and/or go to our FB page, all rides are posted there.
First Wednesday, 6:30-8 p.m. - Lyme Disease Support & Education Group at Beacon House Peer Center, 3 Canal St. Rumford. FMI: 357-1926 or 824-3076.
Third Wednesday, 6:30-8 p.m. - Lyme Disease Support & Education Group at Telstar High School Library. FMI: 357-1926 or 824-3076.
Last Wednesday of the month, 4:30 to 6 p.m. - Community Supper at Bethel Alliance Church. No charge. FMI: 207-824-2289.
Thursdays, 10 to 11 a.m. - Story Time for Children at Bethel Library (story plus craft) with participating mothers. October thru April. FMI: call 824-2520.
Second Thursday of the month, 10 a.m. to noon; fourth Thursday, 10 a.m. to 2 p.m. - Cross Country Quilters of Pine Tree Quilt Guild of Maine meet at Moses Mason House Barn, corner of Broad and Mason streets, Bethel. All quilters welcome. FMI: e-mail Pat McCartney at p_quilts@yahoo.com or call Kathy Thrall at 824-3111.
Greenwood
Saturdays, 10 a.m. to 2 p.m. - Outdoor Market at Northern Roots Grow Supply, 3 Bird Hill Rd., Greenwood. Vendors welcome at no charge. Until early September.
Woodstock
Second Saturday of month, 6 p.m. - Woodstock Historical Society meeting at the Museum.
Norway/Paris/West Paris
Tuesdays 7:30 to 8:30 p.m.-West Paris Baptist Church group to foster wellness for anyone searching for faith based support. The group is intended for those facing the challenges of grief, loss, addiction, codependency, and abuse issues. Light refreshments will be provided.

Third Wednesday of the month, Women's Imaging Center, Stephens Memorial Hospital, Norway, offering professional prosthetic and bra fittings for women on For appointment call 743-5993 Ext. 6851.

Second Thursday of the month, 9:30 to 11:30 a.m. at the Harper Conference Center, Ripley Medical Office Building, 193 Main Street, Norway. Staying on Your Feet, a free one-time course for adults aged 60 and over. Course includes balance screening, blood pressure check, leg-strength measurement, and education on staying fit.

Fridays 9:15 a.m. - Oxford Hills Duplicate Bridge, Norway. For more information, call Les Buzzell at 783-4153 or 754-9153; or e-mail: buzzell16@myfairpoint.net.

Hebron

Sundays 2:30 to 4:30 p.m. - Seasonal Public Skating, Robinson Arena, Hebron. Adults, \$3/Children 12 and under, \$2/ WinterKids Passport holders, free. FMI: 966-2100.
Support services

SAFE Voices

Safe Voices serves all of Oxford County and provides emergency shelter, court advocacy and support groups with child care. Rumford office 369-0750; Norway office 743-5806; 24 hour hotline 1-800-559-2927

REACH

Rape Education and Crisis Hotline 1-800-871-7741. Sexual assault/sexual abuse hotline, same number. Support groups and awareness education, past or present victims of abuse.

AA Meetings/Addiction help

Bethel Freedom Group. Open Discussion Meeting. Saturdays at 4:30 in the Snow Cap Inn conference room, next to the fitness room. Sunday River. Seasonal, Thanksgiving through April 1. Big Book Meeting Sundays at 6 p.m. at the United Methodist Church, Main Street. 12 Step/Traditions Meeting Tuesdays at 6pm at the United Methodist Church, Main Street. Candlelight Discussion Meeting Fridays at 6 p.m. at Bethel United Methodist Church, Main Street.

People in recovery from alcohol/drug addiction may need to move to a Next Step group. Open to everyone who feels they may benefit from a change. FMI: Laurence Austin at 824-4077 (calls confidential)

Cancer Wellness

Support and Education for cancer patients, survivors and caregivers. Every Thursday, 1:30 to 3 p.m. Rumford Hospital, Room 357. (877) 336-7287. Call to confirm in stormy weather.

Exchanges/Pantries

Clothing Exchange

Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4, Thursday 4 to 6, Saturday, 10 to 12. Donations of gently-used clothing only accepted during open hours. No exceptions. 824-4090. Clothing may also be dropped off at Northeast Bank on Main Street.

Food Pantry

The Bethel Food Pantry serves residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton, and Woodstock.

The Food Pantry is open on the second Monday of each month from noon until 8 p.m. Anyone who needs food should come during those hours, without appointment. The Food Pantry is located in the basement of the Nazarene Church, 16 Church Street in Bethel by the side entrance on Park Street.

Help for the Homeless

Rumford Group Homes, Inc. operates three homeless shelters, a Maternity Group Home program for homeless pregnant and parenting youth ages 18-21 and Case Management services. Emergency shelter services include the

South Paris Men's Shelter, the Norway Family Center for women and their children and the Rumford Family Center for homeless families. To make a referral or to request assistance, please call 743-6363 in the Norway area or 369-9439 in the Rumford area Monday through Friday from 9am-5pm. For more information about Rumford Group Homes, Inc., call 864-3551 or visit www.rumfordgrouphomes.org.

Mental illness

Beacon House Social Club, 150 Congress Street, Rumford, a drop-in social club for adults suffering with mental, emotional, or physical illness, provides support, relaxation, and socialization. Monday 1 to 5 p.m.; Tuesday 9 a.m. to 2 p.m.; Wednesday 9 a.m. to 8 p.m.; Wednesday 3 to 8 p.m.; Friday 2 to 7 p.m.; Saturday 11 a.m. to 4 p.m. Oxford County Mental Health Services, support for adults and children with mental illness, same location, second floor, open Monday-Friday 8 a.m. to 4 p.m. For more information, call 364-3549 or (800) 335-9999, or in off-hours 928-3222.

Veterans' Services

Maine Veterans Home, S. Paris, Veterans' Advocate visits first and third Wednesday each month, 9-12 noon (743-6300); Rumford 9 to 12 noon second Thursday at VA Clinic at 431 Franklin St. (369-3272). Maine Veterans' Services is located at 29 Westminster St., Lewiston (783-5306). (No visits in July)

Multiple services

Community Concepts provides Oxford County Head Start, childcare, free rides to Maine Care appointments, subsidized apartments (Bethel, Brownfield, Fryeburg, Norway, Rumford, South Paris), affordable home-ownership opportunities, homeless shelter and assistance with home heating or weatherizing. FMI: call (800) 866-5588 or visit www.community-concepts.org.

Alzheimer's Support

An Alzheimer's Support Group meets the 3rd Wednesday of every month from 6 to 7:30 p.m. at the Rumford Community Home located at 11 John F. Kennedy Lane. All are welcome. For more information call Sue Ellen Richardson, Social Service Director or Terry Drury, Residential Director at 364-7863.

Brain injury support

Brain Injury Support Group for individuals with brain injuries and their families. West Side NeuroRehab, 618 Main St., Lewiston. First Monday of the month, 6 to 8 p.m. FMI: Deb Hammer 795-6110.

Library hours

Andover Library:
Tuesday, Wednesday, and Saturday 1 to 4:30 pm; Thursday 1 to 4:30 & 6 to 8 p.m.
Tel: 392-4841

Bethel Library:

Monday 9 to 1; Tuesday 1-5; Wednesday 1 to 8; Thursday & Friday 1 to 5 Saturday, 9 to 1. Story Hour Thursdays, 9 to 10 a.m., October to May. Tel: 824-2520.

Whitman Memorial

Library, Bryant Pond: Tel: 665-2505. Tuesday and Thursday, 1 to 5 p.m.

West Paris Library,

West Paris: Monday 1:30 to 6; Wednesday 1:30 to 7; Friday 1:30 to 6; Saturday 10 to 2.

Patty Makley, Librarian. Tel: 674-2004

Gardner Roberts

Memorial Library,

Hanover: Wednesday, 9 to 3; Thursday, 5 to 8; Saturday, 9 to noon.

Calendar items

Calendar items may be brought to the Citizen office, e-mailed to news@bethelcitizen.com or faxed 824-2426. Deadline is Monday at Noon.

Church Services

ALBANY

Congregational Church - Hunts Corner, 9:30 a.m. Sunday worship and Sunday School at 9 a.m.; Pastor Ed: die Gammon. Bible Study 6:30 p.m. Thursdays at the home of Fernand Corriveau.

ANDOVER

First Congregational Church - Rev. Jane Rich. Sunday morning worship 10 to 11 a.m. followed by brunch. All welcome. FMI: 392-3761.

Calvary Bible Church - Pastor Ken Wagstaff; Morning worship (summer hours) 9:30 a.m., followed by brunch. Wednesday prayer meeting, 6:30 p.m. Route 5, South Andover. 392-1121.

BETHEL

Bethel Alliance Church - 251 Walker's Mills Road, Rev. Kevin Bellinger, Senior Pastor and Nicholas Lutz, Youth Pastor. Sundays: 9 a.m. Sunday School for adults, teens and children; 10 a.m. Worship Service (Nursery care and Children's Church are available); 4:30-6 p.m. Kidz Klub (4 yrs-5th grade). Thursdays: 5-7 p.m. Middle and High School Youth Group. FMI: 207-824-2289.

Bethel Church of the Nazarene - 16 Church Street, Bethel. Sunday School, 9:30 (for all ages). Pastor Peter Carter. The third Sunday of every month at 9 a.m. breakfast open to the public, no charge. Morning Worship 10:30. Wednesday evening 6 p.m. Prayer and Bible Study, FMI, transportation or prayer please contact Elaine Carter 415-9186, or Juanita Korhonen 665-2528.

Roman Catholic Church of the Holy Savior, Our Lady of the Snows - 265 Walkers Mills Road (Route 26). Fr. Gregory Dube may be reached at the parish office 364-4556. Saturday Mass, 6 p.m. Announcements. FMI: 824-2933.

West Parish Congregational - Church Street. Rev. Richard Bennett. Sundays: 10 a.m. worship and Sunday School Sept.-May. Tuesdays: 8 a.m., informal Prayer Group with coffee in the Chapel. All are welcome. First Wednesday of the month: 8 a.m., Mens' Breakfast Group. Entrance in rear of church. All events open to everyone. This is an open and affirming congregation. FMI: 824-2689.

United Methodist - 79 Main Street. Pastor Carol Stevens. Sunday worship service 9 a.m. FMI: 824-2027.

West Bethel Union - Morning worship and 9 a.m. Sunday School. FMI: 836-3533.

Pleasant Valley Bible Pastor Dave Fraher. Sunday Services: Sunday School, 9 a.m.; Worship Service, 10 a.m. Ladies Bible study Tuesday, 2:30 p.m. Midweek Bible study and prayer, Wednesday 6 p.m. Awana Club Fridays 3:30 to 5 p.m. (Cubbies ages 3/4; Sparks Grades K-2; children may take bus from school). FMI: 836-2828. Visit us on our Facebook page.

Seventh Day Adventist Fellowship: Meets at the Nazarene Church on Saturdays on Church Street in Bethel. Sabbath School 9:30 a.m.; Worship, 11 a.m. FMI: 357-7814.

EAST STONEHAM

Oxford County United Parish Churches in Stoneham and North Waterford - Services at 10 a.m. at the North Waterford Congregational Church (UCC), located on the

Five Kezars Road, off Routes 35 & 37, opposite Melby's Market. (North Waterford and East Stoneham Congregational Churches will hold their joint services in the church on Route 5 in East Stoneham during May.) Services held at North Waterford through the winter months. Choir practice 9 a.m., followed by Bible Study at 9:15 a.m.

LOCKE'S MILLS

Locke Mills Union - Pastor Sondra Withey. Sunday Morning Service and Sunday School, 9 to 10 a.m. Choir practice at the church every Friday at 6:30 p.m. Everyone is welcome. 875-3355.

NORTH WATERFORD/STONEHAM

OXFORD COUNTY UNITED PARISH (North Waterford and East Stoneham) - Summer services at 9 a.m. in the North Waterford Church on Route 35 across from Melby's Eatery. On July 20 a special-and casual-church service will be held on the Fairgrounds during the Waterford World's Fair, with shuttle service available on site. In September, services will return to the East Stoneham Church, Route 5, and the regular hour of 10. All are welcome.

NORWAY/PARIS

First Church of Christ, Scientist - Sunday service 10 a.m., Wednesday Testimony service 7:30 p.m. 5 Morrill Rd./Rt. 118 (catercorner to Norway Country Club), Norway. Call 207-890-9944 FMI or ride.

Trinity Lutheran Church - Route 117, South Paris. Pastor Nancy Moore. Sunday morning service 11 a.m. with coffee, refreshments and good fellowship.

North Paris Federation - Morse Hill Road, North Paris. Sunday

Service 8 a.m. Singsperation third Sunday each month alternating with West Paris Baptist Church at 7 p.m. FMI: 689-8000.

Oxford Hills Friends (Quakers) - Sunday worship 9:30 a.m. at HOPE Ripley Center, High Street, South Paris across the park from the Post Office. FMI: call Ursula Brandon at 665-2880 or Sue Reilly at 966-2012

Christ Episcopal Church - 35 Paris St., Norway. Services Sunday at 9 a.m. and Wednesday at 9 a.m. Holy Eucharist. 743-6782; e-mail christch@megalink.net.

First Baptist Church of Paris - On the Common at the top of Paris Hill. 10:30 a.m. worship service. Sunday School at 9:30 a.m. Coffee hour follows the service. Fellowship lunch held the first Sunday of each month following worship. Pastor Ron Blake. FMI 743-2491.

St. Catherine's - Saturday 4 p.m. Vigile Mass; Sunday 8:30 a.m. Mass. FMI 743-2606.

Unitarian Universalist Church of Norway - 11 a.m. worship. (Sept. - June) Child care is provided. Religious education classes 11 a.m. to 12:15 p.m. FMI 743-2828.

GORHAM, N.H.

Assembly of God - Pastor Paul Levigen. Sunday School 9:30 a.m., Sunday service 10:30 a.m., Sunday evening service 7 p.m., Wednesday Bible Study 7 p.m.. FMI: 603-466-2851.

Gorham Congregational Church - Sunday morning worship, 10 a.m. All welcome; free coffee. Communion is celebrated the first Sunday of each month. FMI: 603-466-2136.

OXFORD

St. Mary's - Saturday 4 p.m. Vigile Mass. 276 King St. Oxford.

Our Lady of Ransom: Sunday 10:30 a.m. Mass.

RUMFORD

St. Barnabas Episcopal Church - Worship Service, 9:30 a.m. Special holidays will be announced. Stone church at the rotary. 364-2193.

Roman Catholic Church of the Holy Savior, St. Athanasius and St. John - 125 Main Ave. Monday Liturgy of the word 8 a.m., St. Athanasius and St. John's, Rumford; Tuesday Mass 6:30 p.m., St. Athanasius and St. John's, Rumford; Wednesday Liturgy of the word 8 a.m., St. Athanasius and St. John's, Rumford; Wednesday Mass 9 a.m., Our Lady of the Snows, Bethel; Thursday Mass 8 a.m., St. Athanasius and St. John's, Rumford; Friday Mass 8 a.m., St. Athanasius and St. John's, Rumford; Saturday Mass 4 p.m., St. Athanasius and St. John's, Rumford; Saturday Mass 6 p.m., Our Lady of the Snows, Bethel; Sunday Mass 9:30 a.m., St. Athanasius and St. John's, Rumford.

Praise Assembly of God - Pastor Justin Thacker. 89 Congress St. Adult and teen Sunday school 9 a.m. Sunday worship service at 10 a.m. and 6 p.m. Wednesday night Bible study 6:45 p.m. FMI: 364-3856.

RUMFORD POINT

Rumford Point Church - Sunday service, 8:30 a.m., followed by coffee and refreshments.

SUMNER

East Sumner Congregational - Linda Kimball, pastor. Sunday service, 9 a.m. 207-388-2610.

WEST PARIS

First Universalist Church - 208 Main St., W. Paris. 9 a.m. services September to June. FMI: Bob Clifford 674-3442.

West Paris Baptist - 15 Church St. Sunday Worship 9:45 a.m.; Sunday School 11 a.m.; Word of Life Youth 6 p.m.; Word of Life Olympians (Kids club) 6 p.m.; Wednesday Bible Study 7 p.m.; Ladies' ministry, food pantry, third Saturday of month. Pastor Scott Randolph, 376-6854.

Mission Congregational Church - Wallace Farnum, pastor. Sunday Worship 8:30 a.m.

WOODSTOCK

Bryant Pond Baptist - Pastor Matt Jones, Sundays: Sunday School 9:15 a.m.; Morning Worship 10:30 a.m.; Evening Service 6 p.m.; Mid-week Service Wednesdays, 6:30 p.m.

Woodstock Seventh day Adventist - Pastor Greg Carlson 207-527-2551, Saturday: 9:20 a.m. Sabbath school. 11 a.m. worship service.

Pinhook Meeting House (Rt. 232, North Woodstock) - Hymn Sing, last Friday of each month, 7 p.m. All welcome.

Mahoosuc Mountain Friends - a worship group meeting in the unprogrammed tradition of Friends (Quakers) - Sundays, 9:30 a.m. at the Whitman Memorial Library, Bryant Pond. Newcomers welcome. FMI: 824-8669.

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Puzzles4Kids

by Helene Hovanec

RIDDLE SEARCH - AUTUMN

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: What did one autumn leaf say to the other?

- APPLES
- CHESTNUTS
- CIDER
- CLOUDS
- COCOA
- CORN
- HAYSTACK
- HOLIDAYS
- LEAF PILE
- MAIZE
- PINE CONE
- PUMPKIN
- RAKE
- THANKFUL
- TURKEY
- YAMS

C I D E R I A M F A
E L E A F P I L E S
N I K P M U P T T S
O E L C L M H U I Y
C N O G A A N R C A
E R F I N T O K O D
N R Z K S Y S E C I
I E F E S M A Y O L
P U H S E L P P A O
L C L O U D S O U H

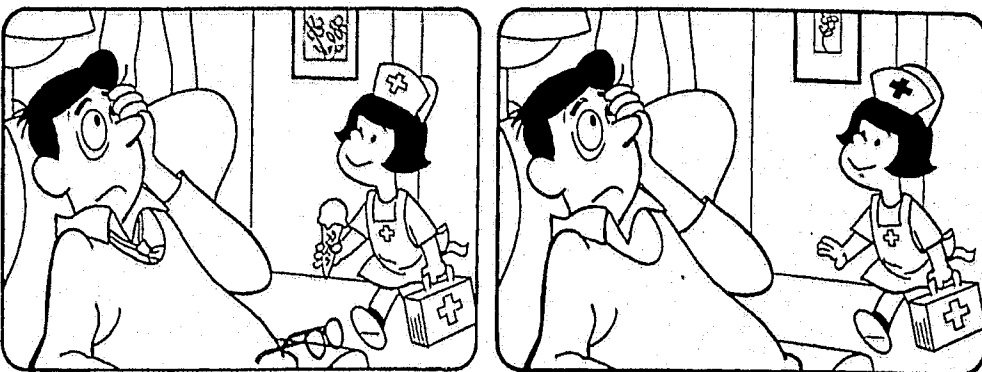
Riddle answer: _____

For more puzzle fun, go to www.brainzles.com

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences:
1. Tie is missing. 2. Sleeve is shorter. 3. Glasses are missing. 4. Picture is different. 5. Ice cream cone is missing. 6. Nurse's cap is different.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: K equals T

PBIL DEBZK D FZOH C EZK

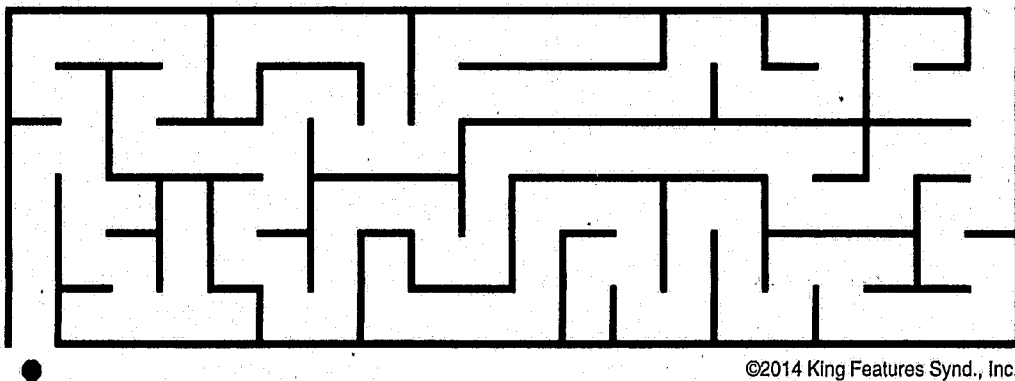
DMDVGOIL ADVKTFZDCA KTDK

TOK D EOL PTBXXOIL HAIKAV:

"GDMM PTBBC ZX."

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Kids' Maze

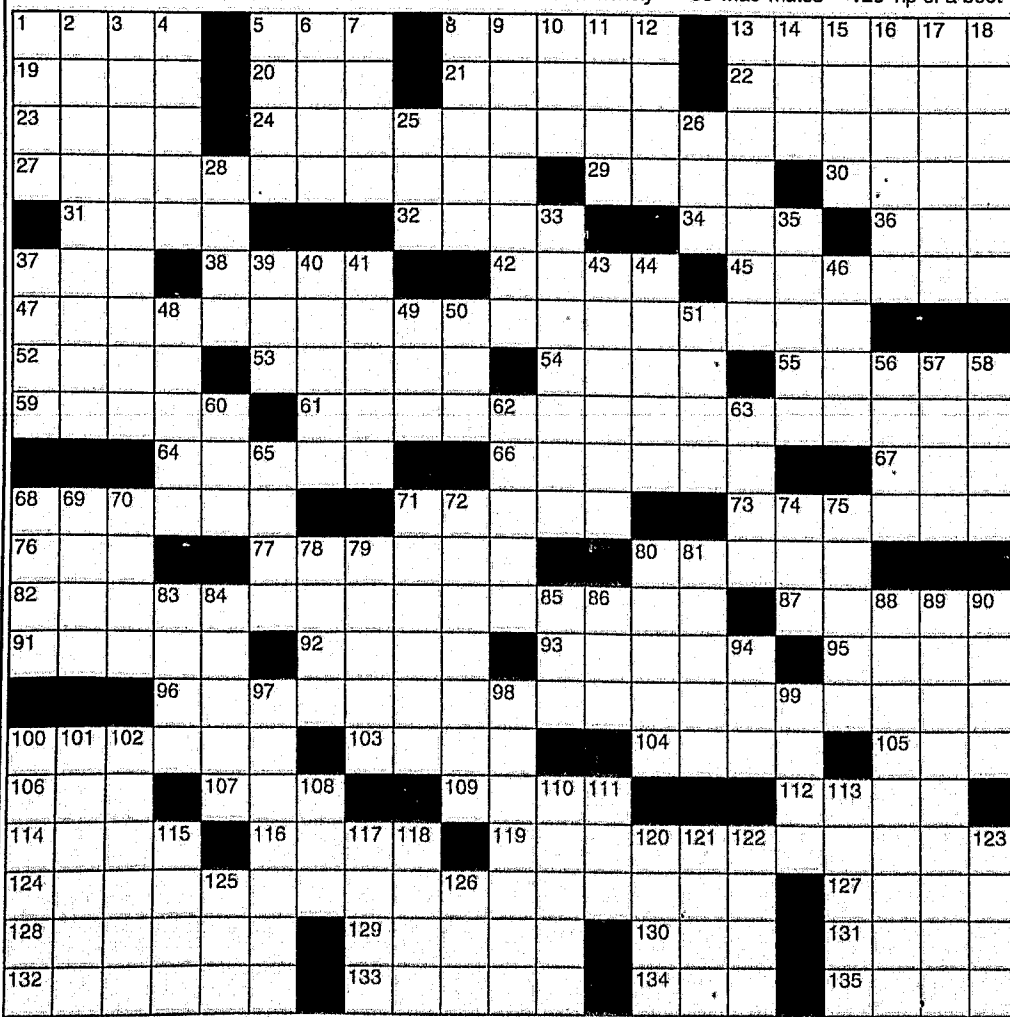


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Super Crossword

FREEDOM OF THE SEAS

- ACROSS
- 1 River to the Baltic
 - 5 Lost tourist's aid
 - 8 Get — of (reach)
 - 13 Grant
 - 19 Playful sprite
 - 20 Bullring cheer
 - 21 Brownish tint
 - 22 Camelot king
 - 23 "There is —!"
 - 24 Start of a riddle
 - 27 Riddle, part 2
 - 29 Isle of exile for Napoleon
 - 30 Stakes
 - 31 It's larger than giga-
 - 32 Old fruit soda brand
 - 34 "I'm freezing!"
 - 36 Ex-soldier
 - 37 Musical gift
 - 38 Start of a pirate's chant
 - 42 Docs treating tonsillitis
 - 45 Defiant sorts
 - 47 Riddle, part 3
 - 52 "At Last" singer — James
 - 53 Raise, as a house
 - 54 Nero's 62
 - 55 South — (75-Down's country)
 - 59 Turn outward
 - 61 Riddle, part 4
 - 64 Johann Pachelbel's "— in D"
 - 66 "Just a moment"
 - 67 Limo-riding type
 - 68 Alpha — acid
 - 71 Paid to play cards
 - 73 Cat warnings
 - 76 Chicken — king
 - 77 How matching items are often sold
 - 80 "— Mio" (Pavarotti favorite)
 - 82 Riddle, part 5
 - 87 Ne'er-do-well varieties
 - 91 Polynesian island group
 - 92 Pupil setting
 - 93 Baseball great Hank
 - 95 Forearm part
 - 96 End of the riddle
 - 100 Trix or Kix
 - 103 Un-PC suffix
 - 104 Laura or Bruce of film
 - 105 Start for eminent
 - 106 Actress and comic
 - 107 Twist the truth
 - 109 Deer kin
 - 112 "— daisy!"
 - 114 "Would — to You?" (1985 pop song)
 - 116 Enlarge
 - 119 Start of the riddle's answer
 - 124 End of the riddle's answer
 - 127 Oppositionist
 - 128 Spotted wildcat
 - 129 Cook on a grill
 - 130 Bexley beer
 - 131 News nugget
 - 132 Car
 - 133 Feels like
 - 134 Silent "yes"
 - 135 Divining aids
 - DOWN
 - 1 Pendant gem
 - 2 High-tech viewing medium
 - 3 Acquit
 - 4 Winona of "Heathers"
 - 5 Not stereo
 - 6 Balm plant
 - 7 Cathedral seats
 - 8 "For want of — the horse was lost"
 - 9 Irreligious
 - 10 Choose (to)
 - 11 — Brite
 - 12 Novelist Roald
 - 13 Brand of rum
 - 14 Show fallibility
 - 15 Ticket part
 - 16 Steal things
 - 17 Dismissal from a position
 - 18 Pulls with a violent twist
 - 25 Country music channel
 - 26 Subside
 - 28 "It rained all night the — left —"
 - 33 Slope
 - 35 Poolroom accessories
 - 37 Sword sort
 - 39 With 122-Down, like a Cyclops
 - 40 Marx who kept mum
 - 41 Keats' "— Melancholy"
 - 43 Sent a cell message to
 - 44 Zurich, e.g.
 - 46 Greek letters after pi
 - 48 Sleep: Prefix
 - 49 Passé TV hookup
 - 50 Pub. defender, e.g.
 - 51 Bee's home
 - 56 Gives gas
 - 57 Novelist Wiesel
 - 58 Viper types
 - 60 — chi
 - 62 — voice (very softly)
 - 63 Say again
 - 65 Scholastic sports gp.
 - 68 Ordinances
 - 69 Ice skater
 - 70 Date source
 - 71 Lend a hand
 - 72 Web location
 - 74 Ailing
 - 75 See 55-Across
 - 78 Short play
 - 79 High nest
 - 80 Used a scull
 - 81 Harriet Beecher —
 - 83 Rob of "The West Wing"
 - 84 Agra's Taj —
 - 85 Mas' mates
 - 86 — Jacinto
 - 88 Puts on seductively
 - 89 Converted to code
 - 90 Comical Martha
 - 94 "Morning Edition" ailer
 - 97 Detrains, say
 - 98 1962 hit for the Exciters
 - 99 Difficult task
 - 100 Turks and — Islands
 - 101 Intertwine
 - 102 Complained bitterly
 - 108 Bard's "before"
 - 110 Boat spines
 - 111 Pig pad
 - 113 Rocker Liz
 - 115 Jazzy Fitzgerald
 - 117 Sky spheres
 - 118 Used to be
 - 120 Fed. agent
 - 121 Saintry ring
 - 122 See 39-Down
 - 123 Virtual citizens in a video game
 - 125 Had a victory
 - 126 Tip of a boot



Kids' Maze Solution

RECEIVE
Today's Word:
hit a big shopping center.
answer.

CryptoQuip

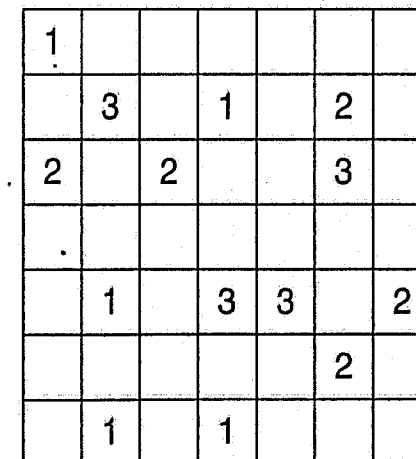
Riddle Answer:
I am falling for you.

Puzzles4Kids

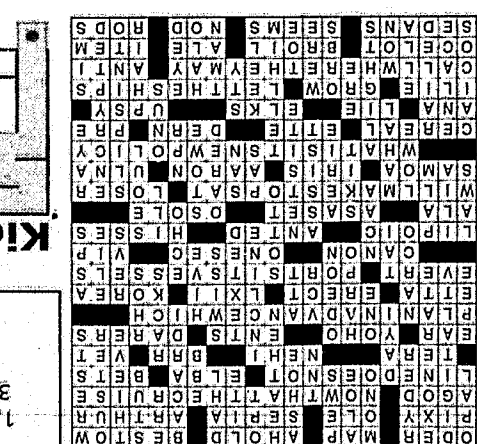
Star★Map

By Linda Thistle

Draw a star in exactly 10 of the empty squares in the diagram below so that each numbered square accurately indicates how many immediately adjacent squares (horizontally, vertically or diagonally) contain a star.



DIFFICULTY: ★★
★Easy ★★Moderate ★★YOWZA!
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Super Crossword

ANSWERS:

Star★Map

Star★Map

Star★Map

Star★Map

Shelburne Fair

It's that time again! The chill is the air and the leaves are almost gone. Shelburne will be having its fifth annual Holiday Craft Fair and Bake Sale. Yes, it has been going on for five years. It will be held at the Shelburne Town Hall, located on 74 Village Road, on Saturday, Nov. 8 from 9 a.m. to 2 p.m. Please note that our fair is being held on Saturday again this year.

This event will be a wonderful time to get a jump start on your holiday shopping. Our crafters will be selling their handmade goods such as: knitted wool items, soaps, cross-stitch crafts, beautiful Christmas ornaments, stained glass, quilted crafts, wooden Christmas crafts and homemade candy, plus much more!

Shelburne's Union Church will again host the bake sale. Their homemade goodies are delicious and a must to stock up on. They always amaze us with their variety! Remember to buy early before it is all gone.

Generous donations are collected from our crafters and will be used for supporting Shelburne families. We would like to thank the crafters and you for making this event successful.

So, please mark your calendars, join us for a great cause, a fun day, and you will be sure to find that "special" holiday gift.



Telstar High School students and staff participated in a "Halloween Dressup Challenge" Friday, donning costumes and bringing in canned goods for the Bethel Food Pantry. Some are pictured here with the food they collected.

A. Aloisio

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If interested in one of the above positions, please submit an application form (available at www.sad44.org), letter and supporting documents to the MSAD #44 Superintendent's Office, One Parkway Suite 204, Bethel, ME 04217.

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The applicant must have experience conducting and/or working with choirs and be available on Sundays from Labor Day through the following June.

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TOWN OF BETHEL COMMITTEE VACANCIES

The Town of Bethel is seeking volunteers to serve on various town committees. Persons interested in serving on the committees listed below should submit an application form to the Town Office. To obtain an application form go to our web site www.bethelmaine.org, call 207-824-2669, pick up from the Town Office, or email us at info@bethelmaine.org. All applications must be received by 12 PM, Wednesday, November 26, 2014.

Committee	Number of Vacancies	Length of Term (Years)
Appeals Board	2	3
Appeals Board	1	2
Airport Authority	1	3
Bingham Forest Authority	2	3
Budget Committee	4	3
Conservation Commission	1	3
Conservation Commission	1	2
Comprehensive Plan	2	
Ordinance Review	3	3
Planning Board	3	3
Planning Board	1	1
Recreation Board	3	3
Recreation Board	1	1
Recreation Board	1	2
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How to stay safe on wintry roads

Many people will remember the winter of 2013-14 for all the wrong reasons. Record low temperatures and heavy snowfall were the story last winter. With winter now on the horizon once again, many motorists are looking for ways to ensure their daily commutes or holiday trips to visit family and friends are as safe as possible.

When wintry conditions, including snowfall, compromise driving conditions, it's best for motorists to stay home. If you must venture out onto the roadways this winter, employ the following strategies to ensure to safely arrive at your destinations.

Consider winter tires. Many drivers are unsure if they need winter tires. All-season tires may suffice for those drivers who live in regions where heavy snowfall is uncommon. But winter tires are designed to perform when the temperatures are especially cold and in driving conditions featuring ice, slush and snow.

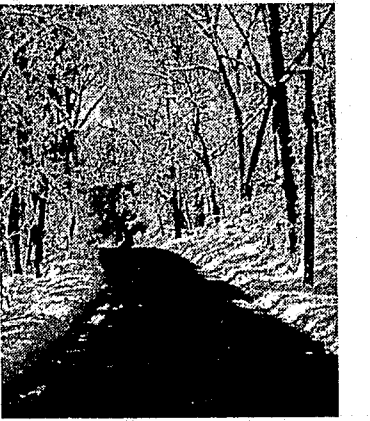
Some drivers mistakenly believe that vehicle features such as anti-lock braking systems and traction control make their tires more capable of handling wintry roads. But such features do not provide more traction. ABS and traction control only prevent drivers from over-braking or overpowering the traction of their tires. Only better tires will improve traction.

Drive slowly. Many drivers mistakenly believe they only need to drive slow when snow is falling. But winter weather can make roadways unsafe even in areas that have not witnessed a single snowflake fall from the sky. Wet winter roads can quickly turn into icy winter roads, and no ABS system or traction control device can prevent a car that's traveling too fast from skidding out. Poor visibility is another reason to drive slowly in winter. Peripheral vision is often compromised when driving in winter, as dirt, salt or sand buildup on windshields

and side windows and mirrors can make it hard for motorists to fully view their surroundings. Even if your vision is not compromised, a fellow motorist's might be. So ease up on the gas pedal in winter so you have more time to react to potentially adverse conditions.

Don't drive too closely to other motorists. In addition to driving slowly, motorists also should leave extra room between their vehicles and the vehicles in front of them. In such conditions, for every 10 miles per hour drive a minimum of four car lengths behind the motorist in front of you. So if you are driving 50 miles per hour, be sure to leave 20 car lengths between you and the car ahead of you. This gives you ample time to react and builds in some extra response time should your visibility be compromised.

Maintain your vehicle. A vehicle should be maintained regardless of the season, but



it's especially important that your vehicle perform at its peak in winter. A vehicle's battery and windshield wipers are a winter driver's best friend, but only if they are operating at optimal capacity. Being stranded on a roadside in winter is more dangerous than in any other time of year. That's because driver visibility is more compromised in winter, and it can be hard for motorists to see or avoid vehicles on the side of the road. Maintain proper fluid levels and make sure your battery is charged and the gas tank is full before making any winter trips.

Wintry conditions often make driving especially hazardous. But drivers who adopt certain habits when driving in winter can greatly reduce their risk of accidents.

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Obituaries



MARJORIE R. DUNSMOOR

Marjorie R. Dunsmoor, 92, of the Auburn Road, Peru, died Saturday, Nov. 1, 2014 at the Market Square Health Care Center, South Paris.

She was born in Greenwood on March 27, 1922, the daughter of Clarence and Della (Bryant) Ring, and graduated from Buckfield High School Class of 1941.

Marjorie worked for many years at Diamond International in West Peru in the flatware department until retirement in 1984. She was a former member of the West Peru Grange. She was married in South

Paris on July 27, 1960 to Clarence Eugene Dunsmoor who died in Peru on June 26, 2009.

Survivors include a brother, Rodney Ring and wife Gloria of Rumford; sisters Sylvia Clark of Rumford, Shirley Cole and husband Elwin of Westbrook and Norine Bucknell and husband Harold of Hiram; many nieces, nephews, cousins and great nieces and nephews. She was predeceased by brother Robert Ring and sister Lillian Rich.

Friends are invited to sign the family guest book and share their thoughts, condolences and memories online at www.meadersandson.com.

Graveside services were conducted at 12 p.m. Tuesday, Nov. 4, 2014 at the Demeritt Cemetery, Peru with Rev. John Gensel officiating. Arrangements are under the direction of the Meader & Son Funeral Home 3 Franklin Street, P.O. Box 537, Rumford, Maine 04276.



DALE C. BELLMAN

Dale C. Bellman, 68, of Biddeford died on Wednesday, Oct. 29, 2014 at Southern Maine Health Care.

He was born in Akron, Ohio on Aug. 17, 1946 to James Russell Bellman Sr. and Edith (Armour) Bellman. He attended schools in Ohio before joining the Army in 1965. Dale moved to Maine in 1981.

Dale dedicated his time to serving for our country by joining the Army from 1965 through 1969. He then went on to work in law enforcement as an officer for 17 years, then went on to become the Chief of Police in Bethel for eight years. He enjoyed spending time outdoors by going out fishing and hunting with his family. He also enjoyed watching and listening to his son play in a band.

On Dec. 31, 2001 Dale married Susan Van Tassel in Arundel.

He is preceded in death by his father, James Bellman Sr.; his mother, Edith Bellman; brother Jim "Buster" Bellman; two sisters, Sandy and Arlene.

He is survived by his wife Susan (VanTassel) Bellman of Biddeford; one brother, Frederick Bellman of North Carolina; two sisters, Joan Err-

ington of Ohio and Mickey McKenzie of Ohio; one daughter, Tammy Roberts and her husband David of Rumford; four sons, Dale Bellman Jr. of Auburn, James, Bellman of Bryant Pond, Christopher Bellman of Bryant Pond, Joseph Bellman of Norway; five grandchildren and one great granddaughter; and one step daughter, Julie Van Tassel of Biddeford.

A memorial service took place on Wednesday, Nov. 5, 2014 at Hope Memorial Chapel. Burial will be in the Maine Veterans Cemetery in Springvale. In lieu of flowers donations can be made in Dale's name to: D.A.R.E. Program: P.O. Box 512090, Los Angeles, CA 90051; American Lung Association of Maine: 122 State St., Augusta, ME 04330; Easter Seals: 125 Presumpscot St. Portland, ME 04103. Arrangements are by Hope Memorial Chapel, 480 Elm Street, Biddeford, ME 04005.

To share condolences online, please visit www.HopeMemorial.com.



NICOLE MERRILL

Nicole Jane Merrill, 70, of Main Street, Bethel, died unexpectedly on Oct. 31, 2014 at Stephens Memorial Hospital. She was born in Rumford on Sept. 2, 1944, the daughter of Maurice and Yvette (Houde) Roy and was educated in local schools. She married Ralph Merrill on Sept. 22, 1961 in Rumford.

Nicole had worked as a school bus driver for SAD 44 for many years and was a member of the Bethel Bus Drivers Breakfast Club. She enjoyed coaching softball and cheering, knitting, playing cards, computer games, football, books on tape, loved

spending time with her family and going "up to camp."

She is survived by two sons, Chris Merrill of Albany and Alan Merrill of Mason; one daughter, Mindy Chase of Columbus, Ga.; three brothers, Maurice Roy and Patricia Roy both of Rumford and Denis Roy of Bethel, Conn.; one sister Pauline Knoder of Missouri; six grandchildren, Brock Merrill of Industry, Britney Merrill of Mt. Laurel, N.J., Teague Merrill of Bethel, Mackenzie Blake of Bethel, Dante Lewis of Georgia and Max Merrill of Albany and two great grandchildren, Leah and Lucy Merrill both of Industry. Nicole was predeceased by her husband Ralph on Nov. 11, 2006.

Graveside services will be held at 1 p.m. Wednesday, Nov. 5 at the Pine Grove Cemetery, West Bethel.

Arrangements by Cliff Gray Cremation & Funeral Services, 60 Andrews Road, Bryant Pond, Maine. Tel. 207-461-6050.



DARLINE HALL

Darline A. Hall, 71, passed away Monday, Nov. 3, 2014, with her loving family by her side at her residence in East Andover, Maine.

She was born in Rumford on July 5, 1943, the daughter of Linwood E. and Urfred J. (Philbrick) Tucker, and graduated from the Andover High School Class of 1961. Darline worked for a while at Wal-Mart in Norway and then at Sunday River in the kitchen and laundry for several years until retirement.

She was married in Andover on June 3, 1962 to Robert L. "Bobby" Hall who died in Auburn on Sept. 17, 2014. Survivors include her children Doreen Harris and husband David of Gonzales, La., Tammy Persutti and husband John of Wallkill, N.Y., Timothy Hall and wife Nancy of Elkton, Ky., Dennis Hall, Jeff Hall and wife Lori, and Joseph Hall all of Andover; nine grandchildren; two great grandchildren; two step-children Robert and Lorna; and several members of her extended family.

The family wishes to extend special thanks to the staff at Androscoggin Home Care & Hospice for all of the care they provided to Darline.

Friends are invited to sign the family guest book and share their thoughts, condolences and memories online at www.meadersandson.com.

At her request, there are no services.

Veronica Cross at Owen Art Gallery

The Owen Gallery at Gould Academy is pleased to announce the opening of Time & Place: Narrative Landscapes 2009-2014, a solo exhibition by local artist Veronica Cross. Over 25 paintings will be on view from Nov. 7 - Dec. 17. This is the second of two back-to-back solo shows for Ms. Cross, just returning from her New Orleans solo show, Rich Inner Life at the Tigermen Den Gallery as part of the Prospect 3 Biennial Satellite P3+ Project.

The artist uses the term landscape to describe this ongoing body of work

that is so steeped in region; the portraits of children based on vintage anonymous photographs found at yard sales serve as windows into a particular New England sensibility, of a bygone era. A series of discarded cars transformed by time into terrariums, salvage heaps, and animal shelters also speaks of a particular regional psychology. Additionally, there is a self-portrait (or selfie) that pairs artist with a beloved rusted junker.

The exhibition surveys mostly Maine-centric scenes, the locations that have inspired

these paintings range from Lubec, West Paris, Cape Elizabeth, Cornville, Greenwood, to Baxter State Park. The paintings often incorporate cut paper elements; some recent smaller drawings will be on view as well. Two works from this series are now in the MaineGeneral permanent collection.

Ms. Cross is currently working towards her Masters in Fine Art at the Vermont College of Fine Arts and is represented in Maine by the Elizabeth Moss Galleries in Falmouth. She is a resident of Greenwood.

The Owen Gallery has a distinguished history of artist's exhibitions, showcasing Gould alumnae and staff, and also shows by Jamie Wyeth and Neil Welliver. Ms. Cross will give an artist's talk with The Portland Press Herald arts writer Daniel Kany on Saturday, Dec. 6 at 6:30 in the Trustees Auditorium in the McLaughlin Science Building.



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Thank You

Even though this is a bit late, I really want to thank each person who donated toward my sponsorship when I participated in this year's Dempsey Challenge. This is such an amazing event, and even though I am just a small part, it's wonderful to be able to do it. Thanks again to everyone who gave!

Debby Luxton

Jacob Keith Bartholomew

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The Holidays Without You

One less stocking hung,
One less gift to get,
One less gift to open,
One less to forget.

My memories of the holidays are pleasant,
Spare a few,
My fondest ones from years gone by,
Are always involving you.
You read to me at Christmas,
I sat upon your knee,
You watched me learn and grow,
You taught me to be me.

I see you in your nephews,
and in the ink upon my skin.
I regret not knowing you better,
But I knew what was within.

You've gone too soon,
And now we're left to face the holidays,
Without you to make them joyful,
and complete in every way.

By Eden Grace-Rae Bartholomew
December 2013

In loving memory,
Mom, Dad,
Tyrel, Eden,
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\$20, or we will supply the table for \$30
For more information or to receive a reservation form, please contact Sally Smith at 875-3335
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NOTICE: The annual meeting of Project Opportunity, Inc. will be held in conjunction with its regular Board of Directors meeting on November 18, 2014 at 4pm at Telstar High School in the Principal's Conference Room.

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